

LARGE GROUP CONNECTED CARE COMPREHENSIVE HEALTH INSURANCE POLICY



MHC-3600
Revised October 2015

MONTANA HEALTH COOPERATIVE
[P.O. BOX 5358
HELENA, MT 59604
406-447-9510]

Large Group Connected Care Comprehensive Health Insurance Policy

group policyholder: National Center For Appropriate Technology

group policy number: 7109006

effective date of policy: July 1, 2016

premium due date: First day of each month

policy renewal date: July 1, 2017 and every July 1 thereafter

policy anniversary date: July 1 of each year

policy delivery state: Montana

In this Large Group Policy, the Policyholder is referred to as “You” or “Your”. The Montana Health Cooperative is referred to as “We”, “Our”, “Us”, or “the Organization”.

This is a legal contract between the Policyholder and Montana Health Cooperative. We will pay Covered Medical Expenses for Covered Benefits provided under this Group Policy for Covered Persons in accordance with the terms, conditions, limitations and exclusions set forth in this Group Policy.

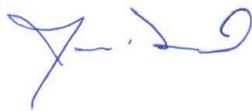
This Group Policy is issued in consideration of the application and payment of the initial premium by the Policyholder.

This Group Policy will take effect at 12:01 a.m. on the Policy Effective Date of this Group Policy as set forth above, provided that it has been signed by the authorized officers of the Montana Health Cooperative, and the Policyholder has signed the attached application and Group Policyholder Acceptance form for this Group Policy.

PLEASE READ YOUR POLICY CAREFULLY.

Signed for the Montana Health Cooperative.

Chief Executive Officer



Secretary



**[Non-Contributory]
Non-Participating – No Dividends**

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IMPORTANT INFORMATION

Montana Health Cooperative is pleased to provide this Group Policy for Covered Persons. This Group Policy provides managed care services on a Point of Service basis. Covered Persons may select a Primary Care Physician who will assist the Covered Person in managing the Covered Person's medical care. This Group Policy provides a Provider Network through which Covered Persons may obtain medical care and services from Participating Providers. The Provider Network is administered by Altius Health Plans Inc. However, Covered Persons also may elect to receive services from an Out-of-Network Provider. When Covered Persons receive services from an In-Network Provider, generally benefits will be payable at a higher level. When services are provided by an Out-of-Network Provider, generally, benefits are payable at a lower level. You can obtain an In-Network Provider Directory which lists Participating Providers, on the Montana Health Cooperative Website at www.mhc.coop.

POLICY AND CUSTOMER SERVICES – ALTIUS

- Our Third-Party Administrator, Altius Health Plans Inc., (also referred to as “Altius” in this Group Policy) administers the following services for this Group Policy.
 - Benefit Inquiries
 - Claims
 - Complaints, Grievances and Appeals
 - Preauthorization
 - Utilization Review Management Program
 - PPO Network Providers
 - Prescription Drug Benefit Program
- Contact Altius Customer Service:
 - If this Group Policy was purchased from an Agent/Producer: Telephone – [855-488-0621]
 - Address: Altius Health Plans Inc. , [10150 Centennial Parkway Suite 450, Sandy, Utah 84070]
 - Address for Claim Submissions: [Claims Department, P.O. Box 7147, London, KY 40742]
 - Address for Complaints, Grievances and Appeals: [Altius Appeals and Grievances Department, 10150 Centennial Parkway Suite 450, Sandy, Utah 84070]
 - U.S. Employee Benefits Security Administration: [866-444-EBSA (3272)]

VISION CUSTOMER SERVICES – VSP

- Our Third-Party Administrator, Vision Service Plan (VSP), administers the Pediatric Vision Care Benefit and Vision Network for this Group Policy.
- Contact VSP for Customer Service: Telephone – [(800) 877-7195 or (916) 851-5000]
- Address: [VSP, 3333 Quality Drive, Rancho Cordova, CA 95670]

CONTACT MONTANA HEALTH COOPERATIVE

Please contact Montana Health Cooperative for information regarding billing, or other questions or problems:

- Telephone Number: [406-447-9510]
- Address: Montana Health Cooperative, [P.O. Box 5358, Helena, MT 59604]
- Website Address: [www.mhc.coop]

IMPORTANT NOTICE:

Notice of Women's Health and Cancer Rights Act

In accordance with The Women's Health and Cancer Rights Act of 1998 (WHCRA), this Policy covers mastectomy in the treatment of cancer and reconstructive surgery after a mastectomy. If the Covered Person is receiving benefits in connection with a mastectomy, coverage will be provided according to this Policy's benefit and Utilization Review Management Program criteria and in a manner determined in consultation with the attending Physician and the patient, for

1. All stages of reconstruction on the breast on which the mastectomy has been performed;
2. Surgery and reconstruction of the other breast to produce a symmetrical appearance;
3. Prostheses; and
4. Treatment of physical complications in all stages of mastectomy, including lymphedemas.

Coverage of mastectomies and breast reconstruction benefits are subject to applicable deductibles and copayment limitations consistent with those established for other benefits. Medical services received more than 5 years after a surgery covered under this section will not be considered a complication of such surgery.

Following the initial reconstruction of the breast(s), any additional modification or revision to the breast(s), including results of the normal aging process, will not be covered. All benefits are payable according to the Policy's Schedule of Benefits. Regular Preauthorization requirements apply.

IMPORTANT NOTICE:

Notice of Privacy Practices for Protected Health Information

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT THE COVERED PERSON MAY BE USED AND DISCLOSED AND HOW THE COVERED PERSON CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

LEGAL OBLIGATIONS

Montana Health Cooperative (MHC) is required by law to maintain the privacy of all medical information within its organization; provide this notice of privacy practices to all Policyholders and Certificateholders; inform Policyholders and Certificateholders of Our legal obligations; and advise Policyholders and Certificateholders of additional rights concerning their medical information. MHC must follow the privacy practices contained in this notice from its **effective date of [January 1, 2014]**, and continue to do so until this notice is changed or replaced.

MHC reserves the right to change its privacy practices and the terms of this notice at any time, provided applicable law permits the changes. Any changes made in these privacy practices will be effective for all medical information that is maintained including medical information created or received before the changes were made. All Policyholders and Certificateholders will be notified of any changes by receiving a new Notice of Privacy Practices.

The Covered Person may request a copy of this notice of privacy practices at any time by contacting [Larry Turney, Chief Operating Officer, Montana Health Cooperative, P.O. Box 5358, Helena, MT 59604, (406-447-3309)].

USES AND DISCLOSURES OF MEDICAL INFORMATION

The Covered Person's medical information may be used and disclosed for treatment, payment and health care operations. For example:

TREATMENT: The Covered Person's medical information may be disclosed to a doctor or hospital that requests it to provide treatment to the Covered Person or for disease and case management programs.

PAYMENT: The Covered Person's medical information may be used or disclosed to pay claims for services which are covered under the Covered Person's health care coverage.

HEALTH CARE OPERATIONS: The Covered Person's medical information may be used and disclosed to determine premiums, conduct quality assessment and improvement activities, to engage in care coordination or case management, to pursue Right of Recovery and Reimbursement/Subrogation, accreditation, conducting and arranging legal services, underwriting and rating, and for other administrative purposes.

AUTHORIZATIONS: The Covered Person may provide written authorization to use the Covered Person's medical information or to disclose it to anyone for any purpose. The Covered Person may revoke this authorization in writing at any time but this revocation will not affect any use or disclosure permitted by the Covered Person's authorization while it was in effect. Unless the Covered Person gives written authorization, we cannot use or disclose the Covered Person's medical information for any reason except those described in this notice.

PERSONAL REPRESENTATIVE: The Covered Person's medical information may be disclosed to you or to a family member, friend or other person to the extent necessary to assist with the Covered Person's health care or with payment for the Covered Person's health care but only if you agree we may do so or if they have the legal right to act for you, as described in the Individual Rights section of this notice.

UNDERWRITING: No medical information will be received from you for underwriting, premium rating or other activities relating to the creation, renewal or replacement of health care coverage or benefits. Since no medical information is required for underwriting, no medical information can or will be provided to others.

RESEARCH: The Covered Person's medical information may be used or disclosed for research purposes provided that certain established measures to protect the Covered Person's privacy are in place.

MARKETING: The Covered Person's medical information may be used to contact you with information about health-related benefits, services or treatment alternatives that may be of interest to you. The Covered Person's medical information may be disclosed to a business associate to assist us in these activities. Unless the information is provided to you by a general newsletter or in person or is for products or services of nominal value, you may opt-out of receiving further information by telling us.

AS REQUIRED BY LAW: The Covered Person's medical information may be used or disclosed as required by state or federal law. For example, we will use and disclose the Covered Person's Personal Health Information in responding to court and administrative orders and subpoenas, and to comply with workers' compensation laws. We will disclose the Covered Person's PHI when required by the Secretary of the U.S. Department of Health and Human Services and state regulatory authorities.

COURT OR ADMINISTRATIVE ORDER: Medical information may be disclosed in response to a court or administrative order, subpoena, discovery request, or other lawful process, under certain circumstances.

MATTERS OF PUBLIC INTEREST: Medical information may be released to appropriate authorities under reasonable assumption that you are a possible victim of abuse, neglect or domestic violence or the possible victim of other crimes. Medical information may be released to the extent necessary to avert a serious threat to the Covered Person's health or safety or to the health or safety of others. Medical information may be disclosed when necessary to assist law enforcement officials to capture an individual who has admitted to participation in a crime or has escaped from lawful custody. Medical information may be disclosed for purposes of child abuse reporting.

MILITARY AUTHORITIES: Medical information of Armed Forces personnel may be disclosed to Military authorities under certain circumstances. Medical information may be disclosed to federal officials as required for lawful intelligence, counterintelligence, and other national security activities.

BUSINESS ASSOCIATES: From time to time we engage third parties to provide various services for us. Whenever an arrangement with such a third party involves the use or disclosure of the Covered Person's PHI, we will have a written contract with that third party designed to protect the privacy of the Covered Person's Personal Health Information. For example, we may share the Covered Person's information with business associates who process claims or conduct disease management programs on our behalf.

ACCESS: You have the right to receive or review copies of the Covered Person's medical information, with limited exceptions. You may at any time during the filing period, receive reasonable access to and copies of all documents, records, and other information upon request and free of charge. Documents may be viewed at the MHC office, 1005 Partridge Place Suite 6, Helena, MT 59602 between the hours of 8:00am and 5:00pm, Monday through Friday, excluding holidays. You may also request that MHC mail copies of all documentation. Any request to obtain access to the Covered Person's medical information must be made in writing.

ACCOUNTING: You have the right to receive an accounting of the disclosures of the Covered Person's medical information made by our Organization or by a business associate of our Organization. This accounting will list each disclosure that was made of the Covered Person's medical information for any reason other than treatment, payment, health care operations and certain other activities since January 1, 2014; however, if disclosures for purposes of treatment, payment, or health care operations were made through an EHR, you have the right to request an accounting for such disclosures made during the previous three years. This accounting will include the date the disclosure was made, the name of the person or entity the disclosure was

made to, a description of the medical information disclosed, the reason for the disclosure, and certain other information. If you request an accounting more than once in a 12-month period, there may be a reasonable cost-based charge for responding to these additional requests. For a more detailed explanation of the fee structure, please contact our office using the information at the end of this notice.

DESIGNATION OF PERSONAL REPRESENTATIVE: You have the right to designate a family member, friend or other person as the Covered Person's personal representative. The Covered Person's medical information may be disclosed to the Covered Person's personal representative to the extent necessary to help with the Covered Person's health care or with payment for the Covered Person's health care. You may obtain a form to designate a personal representative by using the contact information at the end of this notice.

RESTRICTIONS ON DISCLOSURES: You have the right to request restrictions on our use or disclosure of the Covered Person's medical information. Generally, we are not required to agree to these additional requests. If you paid out-of-pocket for a specific item or service, you have the right to request that medical information with respect to that item or service not be disclosed to a health plan for purposes of payment or health care operations and we are required to honor that request. You also have the right to request a limit on the medical information we communicate about you to someone who is involved in the Covered Person's care or the payment for the Covered Person's care. Any agreement to restrictions on the use and disclosure of the Covered Person's medical information must be in writing and signed by a person authorized to make such an agreement on behalf of the Organization; such restrictions shall not apply to disclosures made prior to granting the request for restrictions. The Organization will not be bound unless the agreement is so memorialized in writing.

CONFIDENTIAL COMMUNICATIONS: You have the right to request confidential communications about the Covered Person's medical information by alternative means or alternative locations. You must inform the Organization that confidential communication by alternative means or to an alternative location is required to avoid endangering you. You must make the Covered Person's request in writing and you must state that the information could endanger you if it is not communicated by the alternative means or to the alternative location requested. The Organization must accommodate the request if it is reasonable, specifies the alternative means or location, and continues to permit us to collect premium and pay claims under the Covered Person's health plan.

AMENDMENT: You have the right to request that the Organization amend the Covered Person's medical information. The Covered Person's request must be in writing and it must explain why the information should be amended. The Organization may deny the Covered Person's request if the medical information you seek to amend was not created by our Organization or for certain other reasons. If the Covered Person's request is denied, the Organization will provide a written explanation of the denial. You may respond with a statement of disagreement to be appended to the information you wanted amended. If the Organization accepts the Covered Person's request to amend the information, the Organization will make reasonable efforts to inform others, including the people you name, of the amendment and to include the changes in any future disclosures of that information.

BREACH NOTIFICATION: You have the right to receive notice of a breach. We are required to notify you by first class mail or by e-mail (if you have indicated a preference to receive information by e-mail), of any breaches of Unsecured Protected Health Information as soon as possible, but in any event, no later than 60 days following the discovery of the breach. “Unsecured Protected Health Information” is information that is not secured through the use of a technology or methodology identified by the Secretary of the U.S. Department of Health and Human Services to render the Personal Health Information unusable, unreadable, and undecipherable to unauthorized users. The notice is required to include the following information:

- A brief description of the breach, including the date of the breach and the date of its discovery, if known;
- A description of the type of Unsecured Personal Health Information involved in the breach;
- Steps the Covered Person should take to protect the Covered Person from potential harm resulting from the breach;
- A brief description of the actions we are taking to investigate the breach, mitigate losses, and protect against further breaches;
- Contact information, including a toll-free telephone number, e-mail address, Web site, or postal address to permit you to ask questions or obtain additional information.

In the event the breach involves 10 or more subscribers whose contact information is out of date, we will post a notice of the breach on the home page of our website or in a major print or broadcast media. If the breach involves more than 500 individuals in the state or jurisdiction, we will send notices to prominent media outlets. If the breach involves more than 500 individuals, we are required to immediately notify the Secretary of the U.S. Department of Health and Human Services. We also are required to submit an annual report to the Secretary of the U.S. Department of Health and Human Services of a breach that involves less than 500 individuals during the year, and we will maintain a written log of breaches involving less than 500 subscribers.

If you receive this notice on the MHC website or by any other electronic means, you may request a written copy of this notice by using the contact information at the end of this notice.

IMPORTANT NOTICE:

notice of privacy practices for protected health information

If you want more information concerning our privacy practices, or you have questions or concerns, please contact our Privacy Officer.

If you are concerned that: (1) the Organization has violated the Covered Person’s privacy rights; (2) you disagree with a decision made about access to the Covered Person’s medical information or in response to a request you made to amend or restrict the use or disclosure of the Covered Person’s medical information; (3) to request that the Organization communicate with you by alternative means or at alternative

locations, you may communicate with the organization using the contact information below. You may also submit a written complaint to the U.S. Department of Health and Human Services. The address to file a complaint with the U.S. Department of Health and Human Services will be provided upon request.

The Montana Health Cooperative supports the Covered Person's right to protect the privacy of the Covered Person's medical information. There will be no retaliation in any way if you choose to file a complaint with Montana Health Cooperative or with the U.S. Department of Health and Human Services.

The Privacy Officer

Montana Health Cooperative

[P.O. Box 5358, Helena, MT 59604

(406) 447-3309

E-mail: privacyoffice@mhc.coop]

IMPORTANT NOTICE: rights and responsibilities statement

In this Notice, the following terms have the meanings indicated:

"Member" or "Subscriber" means the Policyholder and Covered [Employees] of this Group Policy.

"Organization" means the Montana Health Cooperative.

The organization's member rights and responsibilities statement specifies that members have:

1. A right to receive information about the organization, its services, its practitioners and providers and member rights and responsibilities.
2. A right to be treated with respect and recognition of their dignity and their right to privacy.
3. A right to participate with practitioners in making decisions about their health care.
4. A right to a candid discussion of appropriate or medically necessary treatment options for their conditions, regardless of cost or benefit coverage.
5. A right to voice complaints or appeals about the organization or the care it provides.
6. A right to make recommendations regarding the organization's member rights and responsibilities policy.
7. A responsibility to supply information (to the extent possible) that the organization and its practitioners and providers need in order to provide care.
8. A responsibility to follow plans and instructions for care that they have agreed to with their practitioners.
9. A responsibility to understand their health problems and participate in developing mutually agreed-upon treatment goals, to the degree possible.

IMPORTANT NOTICE: subscriber information

In this Notice, the following terms have the meanings indicated:

“Subscriber” means the Policyholder and Covered [Employees] of this Group Policy.

“Organization” means the Montana Health Cooperative.

The organization distributes the following written information to its subscribers upon enrollment and annually thereafter:

1. Benefits and services included in, and excluded from, coverage.
2. Pharmaceutical management procedures, if they exist.
3. Copayments and other charges for which members are responsible.
4. Benefit restrictions that apply to services obtained outside the organization’s system or service area.
5. How to obtain language assistance.
6. How to submit a claim for covered services, if applicable.
7. How to obtain information about practitioners who participate in the organization.
8. How to obtain primary care services, including points of access.
9. How to obtain specialty care and behavioral healthcare services and hospital services.
10. How to obtain care after normal office hours.
11. How to obtain emergency care, including the organization’s policy on when to directly access emergency care or use 911 services.
12. How to obtain care and coverage when subscribers are out of the organization’s service area.
13. How to voice a complaint.
14. How to appeal a decision that adversely affects coverage, benefits or a member’s relationship with the organization.
15. How the organization evaluates new technology for inclusion as a covered benefit.

SECTION 1 – DEFINITIONS

The following are key words used in this Group Policy. When they are used, they are capitalized. Also, some terms are capitalized and described within the Schedule of Benefits or the provisions in which they appear in this Group Policy.

Accident means an unexpected traumatic incident or unusual strain which: (1) is identified by time and place or occurrence; (2) is identifiable by part of the body affected; (3) is caused by a specific event on a single day; (4) results in a bodily Injury; and (5) occurs while coverage under this Group Policy is in force for the Covered Person. Accident does not mean an unintentional accident caused by or during medical treatment or surgery for an Illness or Injury.

Active [Employee] means the performance of all of the [Employee's] regular duties for the Policyholder on a regularly scheduled workday at the location where such duties are normally performed. An [Employee] will be considered to be Actively-At-Work on a non-scheduled work day (which would include a scheduled vacation day) only if the [Employee] was Actively-At-Work on the last regularly scheduled work day.

Advanced Practice Nurse means a registered professional nurse who has completed educational requirements related to the nurse's specific practice role, in addition to basic nursing education, as specified by the board pursuant to state law.

Affordable Care Act means the federal Patient Protection and Affordable Care Act (PPACA) that was signed into law on March 23, 2010.

Allowable Fee means the maximum amount that an In-Network Participating Provider agrees contractually to accept as full payment for provide services for Covered Benefits under this Group Policy.

Ancillary Charge means a charge which the Covered Person is required to pay to a Preferred Pharmacy for a covered Brand-Name Prescription Drug Product for which a Generic substitute is available. The Ancillary Charge is determined by subtracting the contracted price of the Generic drug from the contracted price of the Brand-Name drug. Any Copayment amounts are in addition to the Ancillary Charge.

Annual Out-of-Pocket Maximum means the maximum amount that the Covered Person must pay every Calendar Year for Covered Medical Expenses incurred for Covered Benefits. The Annual Out-of-Pocket Maximum is shown in the Schedule of Benefits. It applies to all Covered Benefits except the *Preventive Health Care Services Benefit*.

The Annual Out-of-Pocket Maximum includes the following:

1. Calendar Year Deductible;
2. Copayments; and
3. Coinsurance.

When the Annual Out-of-Pocket Maximum is satisfied in the Calendar Year, We will then pay 100% of Covered Medical Expenses incurred for Covered Benefits for the remainder of that Calendar Year. The Annual Out-of-Pocket Maximum must be satisfied each Calendar Year.

Family Limit for the Annual Out-of-Pocket Maximum

The Family Annual Out-of-Pocket Maximum is an aggregate Out-of-Pocket Maximum and is shown in the Schedule of Benefits. The Family Annual Out-of-Pocket Maximum is the amount that must be satisfied during the Calendar Year. When one or more of the Covered [Employee]'s family members, who are insured under this Group Policy, have incurred and paid Covered Medical Expenses toward the Annual

Out-of-Pocket Maximum that equal the Family Annual Out-of-Pocket Maximum for the Calendar Year, the Family Annual Out-of-Pocket Maximum will be met for that Calendar Year, and We then will pay 100% of Covered Medical Expenses incurred by all Family members for the remainder of the Calendar Year. The Family Annual Out-of-Pocket Maximum must be met each Calendar Year.

Certificate means the evidence of coverage document issued to Covered [Employees] of the Policyholder. We provide the Policyholder with the Certificates to be delivered to Covered [Employees]. The Certificate is also called "Evidence of Coverage".

Certificateholder means the Eligible [Employee] who is actively enrolled under this Group Policy and who has been issued a Certificate of coverage.

Coinsurance means the percentage of the Allowable Fee payable by the Covered Person for Covered Medical Expenses incurred for Covered Benefits. After the Covered Person satisfies the Annual Out-of-Pocket Maximum during the Calendar Year, We will then pay 100% of Covered Medical Expenses incurred for Covered Benefits for the remainder of that Calendar Year. The Coinsurance amount is shown in the Schedule of Benefits.

Copay or Copayment means a fixed dollar amount the Covered Person is required to pay for specifically listed Covered Benefits as shown in the Schedule of Benefits. The required Copayment must be paid before benefits are payable under this Group Policy. Copayments are generally paid to the Provider at time of service. Copayments apply towards the satisfaction of the Deductible.

Convalescent Home means an institution, or distinct part of such institution, other than a Hospital, which is licensed pursuant to state or local law. A Convalescent Home is: (1) a Skilled Nursing Facility; (b) an Extended Care Facility; (3) an Extended Care Unit; or (4) a Transitional Care Unit.

A Convalescent Home is primarily be engaged in providing:

1. Continuous nursing care services;
2. Health-related services; and
3. Social services.

Such Convalescent Home services must be provided by or under the direction and supervision of a licensed registered nurse, on a 24-hour basis, for Ill or Injured persons during the convalescent state of their Illness or Injuries. A Convalescent Home is not, other than incidentally: (1) a rest home; (2) a home for custodial care; or (3) a home for the aged. It does not include an institution or any part of an institution otherwise meeting this definition, which is primarily engaged in the care and treatment of Mental Illness or Chemical Dependency.

Covered Benefits means all services covered under this Group Policy as provided under *Section 5, Covered Benefits*. Covered Benefits are payable as shown in the Schedule of Benefits.

Covered Dependent means Covered [Employee]’s lawful spouse or domestic partner, and any of the Covered [Employee]’s Dependent Children (as defined in this Group Policy) who are insured under this Group Policy. A Covered Dependent must be listed as the Covered [Employee]’s Dependent in the Covered [Employee]’s enrollment for coverage under this Group Policy. The required premium for the Covered Dependent’s coverage under this Group Policy must be paid.

Covered [Employee] means the Eligible [Employee] who is actively enrolled for coverage under this Group Policy.

Covered Medical Expense means expenses incurred for Medically Necessary services, supplies, and medications that are based on the Allowable Fee and:

1. Covered under this Group Policy;
2. Provided to the Covered Person by and/or prescribed by a Covered Provider for the diagnosis or treatment of an active Illness or Injury of in maternity care.

The Covered Person must be charged for such services, supplies and medications.

Covered Person means the Covered [Employee] and/or the Covered [Employee’s] Covered Dependents.

Covered Provider means a licensed or certified health care practitioner or licensed facility that qualifies to treat the Covered Person for an Illness or Injury for the Covered Benefits provided under this Group Policy. The services rendered by a provider may, because of the limited scope of the Covered Provider’s practice, be covered under this Group Policy only for certain services provided. To determine if a covered provider is covered under this Group Policy, We will: (1) review the nature of the services rendered; (2) the extent of licensure; and (3) Our recognition of the provider in connection with the benefits provided under this Group Policy.

Covered Providers are Preferred Providers and Non-Preferred Providers who have been recognized by Us as a provider of services for Covered Benefits provided under this Group Policy.

Covered Providers include the following professional providers:

1. A Physician;
2. A Physician Assistant;
3. A Dentist;

4. A Osteopath;
5. A Chiropractor;
6. An Optometrist;
7. A Podiatrist;
8. A Naturopathic Physician;
9. A Social Worker;
10. A Professional Counselor;
11. A Physical Therapist or Occupational Therapist;
12. An Advanced Practice Registered Nurse;
13. A Nurse Specialist; and
14. A Registered Nurse First Assistant who performs surgical first assistant services.
15. Addiction Counselors,
16. Speech Therapists,
17. Certified Registered Nurse Anesthetists;
18. Dieticians; and
19. Certified Nurse Midwives.

Services provided by the professional provider must be within the scope of the Covered Provider's license or certification and appropriate for the care and treatment of the Covered Person's Illness or Injury as provided by the Covered Benefits in this Group Policy. Services provided by a professional provider other than a Physician may require recommendation by a Physician. The professional provider may not be a member of the Covered Person's Immediate Family.

Covered Providers include the following facility providers:

1. Hospitals;
2. Critical Access Hospitals;
3. Freestanding Surgical Facilities; and
4. Ancillary Care Facilities.

A facility that is a Covered Provider is also referred to as a "Covered Facility".

Critical Access Hospital means a facility that is located in a rural area, as defined in 42 U.S.C. 1395ww(d)(2)(D), and that has been designated by the Department of Public Health and Human Services as a critical access hospital pursuant to Montana law. Services will be provided in a Critical Access Hospital on the same basis as a "Hospital" as defined in this Group Policy.

Custodial Care means providing a sheltered, family-type setting for an aged person or disabled adult so as to provide for the person's basic needs of food and shelter and to ensure that a specific person is available to meet those basic needs.

Deductible means the fixed dollar amount of Covered Medical Expenses that the Covered Person must incur for certain Covered Benefits before We begin paying benefits for them. The Deductible must be satisfied each Calendar Year by each Covered Person, except as provided under "*Family Deductible Limit*" provision. The Deductible is shown in the Schedule of Benefits. Only the Allowable Fee for Covered Medical Expenses is applied to the Deductible. The following do not apply towards satisfaction of the Deductible: (1) services, treatments or supplies that are not covered under this Group Policy; and (2) amounts billed by Non-Preferred Providers, which include the Non-Preferred Provider Differential.

Family Deductible

The Family Deductible is an aggregate Deductible and is shown in the Schedule of Benefits. The Family Deductible is the amount that must be satisfied during the Calendar Year. When two or more insured family members of the Covered [Employee] have paid an amount(s) toward the Deductible that equal the Family Deductible during the Calendar Year, the Family Deductible will be met for that Calendar Year. Once the Family Deductible is met for the Calendar Year, no further contributions toward the Family Deductible from Family members will be required for the remainder of that Calendar Year. The Family Deductible must be met each Calendar Year.

Dependent means the Covered [Employee]'s:

1. Lawful spouse or domestic partner; and
2. Dependent Child as defined in this Group Policy.

Dependent Child(ren) means the Eligible [Employee]'s child(ren) who is:

1. Under age 26, regardless of their place of residence, marital status or student status; including: (a) newborn children; (b) stepchildren; (c) legally adopted children; (d) children placed for adoption with the Covered [Employee] in accordance with applicable state or federal law; (e) foster children; and (f) children for whom the Covered [Employee] is the legal guardian substantiated by a court or administrative order; and
2. Unmarried dependent Handicap Children age 26 and over. Refer to the definition of *Handicapped Child*.

Effective Date of Coverage means the date coverage becomes effective under this Group Policy for the Covered [Employee] or the Covered Dependents of the Covered [Employee].

Eligible Dependent means the following dependents of the Eligible [Employee]:

1. The Eligible [Employee]'s lawful spouse or domestic partner;
2. The Eligible [Employee]'s Dependent Child(ren).

Eligible [Employee] means an [Employee] of the Policyholder who is a full-time active [Employee] working a minimum of [40] hours per week for the Policyholder.

Emergency Medical Condition means a condition manifesting itself by symptoms of sufficient severity, including severe pain, that the absence of immediate medical attention could reasonably be expected to result in any of the following:

1. The Covered Person's health would be in serious jeopardy;
2. The Covered Person's bodily functions would be seriously impaired; or
3. A bodily organ or part would be seriously damaged.

Emergency Care Services means health care items or services furnished or required to evaluate and treat an Emergency Medical Condition. Such emergency care services must be provided by or ordered by a licensed health care provider.

[Employee] means a person who is employed by the Policyholder.

Enrollment Form means a form or application that must be completed in full by the Eligible [Employee] before the Eligible [Employee] will be considered for coverage under this Group Policy.

Evidence of Coverage means the Certificate document issued to Covered [Employees] of the Policyholder. We provide the Policyholder with the Certificates to be delivered to Covered [Employees]. The Evidence of Coverage is also called "Certificate".

Exchange means the Health Insurance Marketplace through which qualified consumers can compare and purchase insurance from insurance companies. The state may operate a State-based Exchange, a Federally-Facilitated Exchange, or an Exchange in partnership with the federal Department of Health and Human Services. Exchanges are required by the Affordable Care Act.

Health Insurance Marketplace means: (1) a State-based Exchange; (2) a Federally-Facilitated Exchange; or (3) an Exchange in partnership with the federal Department of Health and Human Services.

Home Health Agency means a public agency or private organization or subdivision of the agency or organization that is engaged in providing home health services to individuals in the places where they live. Home health services must include the services of a licensed registered nurse and at least one other therapeutic service and may include additional support services.

Home Infusion Therapy Agency means a health care facility that provides home infusion therapy services.

Home Infusion Therapy Services means the preparation, administration, or furnishing of parenteral medications or parenteral or enteral nutritional services to an individual in that individual's residence. The services include an educational component for the patient, the patient's caregiver, or the patient's family member.

Hospice means a coordinated program of home and inpatient health care that provides or coordinates palliative and supportive care to meet the needs of a terminally ill patient and the patient's family arising out of physical, psychological, spiritual, social, and economic stresses experienced during the final stages of illness and dying and that includes formal bereavement programs as an essential component. The term includes:

1. An Inpatient hospice facility, which is a facility managed directly by a Medicare-certified hospice that meets all Medicare certification regulations for freestanding inpatient hospice facilities; and
2. A residential hospice facility, which is a facility managed directly by a licensed hospice program that can house three or more hospice patients.

Hospital means a facility providing, by or under the supervision of licensed physicians, services for: (1) medical diagnosis; (2) treatment; (3) rehabilitation; and (4) care of injured, disabled, or sick individuals. Except as otherwise provided by law, services provided must include medical personnel available to provide emergency care on site 24 hours a day and may include any other service allowed by state licensing authority. A hospital has an organized medical staff that is on call and available within 20 minutes, 24 hours a day, 7 days a week, and provides 24-hour nursing care by licensed registered nurses. Hospital includes:

1. Hospitals specializing in providing health services for psychiatric, developmentally disabled, and tubercular patients; and
2. Specialty Hospitals.

This definition of “Hospital” does not include critical access hospitals. Refer to the definition for *Critical Access Hospital*.

The emergency care requirement for a hospital that specializes in providing health services for psychiatric, developmentally disabled, or tubercular patients is satisfied if the emergency care is provided within the scope of the specialized services provided by the Hospital and by providing 24-hour nursing care by licensed registered nurses.

The term “Hospital” does not include the following even if such facilities are associated with a Hospital:

1. A nursing home;
2. A rest home;
3. A hospice facility;
4. A rehabilitation facility;
5. A skilled nursing facility;
6. A Convalescent Home;
7. A long-term, chronic care institution or facility providing the type of care listed above.

Illness means any sickness, infection, disease or any other abnormal physical condition which is not caused by an Injury. Illness includes pregnancy, childbirth and related medical conditions.

Indian means a person who is a member of an Indian tribe.

Indian Services mean services for Covered Benefits that are provided directly by:

1. An Indian Health Service;
2. An Indian Tribe;
3. A Tribal Organization;
4. An Urban Indian Organization; or
5. Services provided through referral under contract health services;

to Covered Persons who are Indians as defined in this Group Policy.

Indian Tribe means any Indian:

1. Tribe;
2. Band;
3. Nation; or
4. Other organized group or community, including:
 - a. Any Alaska Native village; or
 - b. Any regional or village corporation;

as defined in or established pursuant to the Alaska Native Claims Settlement Act (85 Stat. 688; 43 U.S.C. 1601 et seq.), which is recognized as eligible for the special programs and services provided by the United States to Indians because of their status as Indians.

Injury means physical damage to the Covered Person's body, caused directly and independently of all other causes. An Injury is not caused by an Illness, disease or bodily infirmity.

Inpatient or Inpatient Care means care and treatment provided to a Covered Person who has been admitted to a facility as a registered bed and who is receiving services, supplies and medications under the direction of a Covered Provider with staff and privileges at the facility. Such facilities include:

1. Hospitals, including state designated Critical Access Hospitals;
2. Transitional care units;
3. Skilled nursing facilities;
4. Convalescent homes; or
5. Freestanding inpatient facilities.

Such facilities must be licensed or certified by the state in which it operates.

Investigational/Experimental Service means surgical procedures or medical procedures, supplies, devices, or drugs which at the time provided, or sought to be provided, are in Our judgment not recognized as conforming to accepted medical practice or the procedure, drug, or device:

1. Has not received the required final approval to market from appropriate government bodies;
2. Is one about which the peer-reviewed medical literature does not permit conclusions concerning its effect on health outcomes;
3. Is not demonstrated to be as beneficial as established alternatives;
4. Has not been demonstrated to improve the net health outcomes; or
5. Is one in which the improvement claimed is not demonstrated to be obtainable outside the investigational or experimental setting.

Phases one, two and three clinical studies are considered investigational and are not covered.

Medically Necessary or **Medical Necessity** means treatment, services, medicines, or supplies that are necessary and appropriate for the diagnosis or treatment of a Covered Person's Illness, Injury, or medical condition according to accepted standards of medical practice.

Medical Necessary or Medical Necessity does not include treatment, services, medicines, or supplies that are:

1. Considered experimental, investigatory, or primarily limited to research in its application to the Injury or Illness;
2. Primarily for scholastic, vocational or developmental training;
3. Primarily for educational training, except for educational training services provided for Preventive Health Care Services or medical conditions as provided under this Group Policy. Preauthorization is required for all educational services;
4. Primarily for the comfort, convenience or administrative ease of the Physician or other health care provider, or the Covered Person or the Covered Person's family or caretaker; and
5. Custodial Care.

We reserve the right to review medical care and/or treatment plans. We may rely on Our independent medical reviewer to determine if treatment is Medically Necessary. The fact that a Physician may order treatment does not, in itself, make it Medically Necessary, or make the expense a Covered Medical Expense.

Medical Policy means the utilization review program guidelines used for this Group Policy. The guidelines are used to determine if health care services including medical and surgical procedures, medication, medical equipment and supplies, processes and technology meet the following nationally accepted criteria:

1. Final approval from the appropriate governmental regulatory agencies;
2. Scientific studies showing conclusive evidence of improved net health outcome; and
3. In accordance with any established standards of good medical practice.

Out-of Network Provider means a Covered Provider who does not have a participation contract in effect with the Altius Health Plans Inc. In-Network Organization to provide services to Covered Persons under this Group Policy. When services are provided by an Out-of-Network Provider, the services provided are Out-of-Network.

Out of-Network Provider Differential means the percentage by which the Allowable Fee is reduced to determine the amount this Group Policy will pay for Covered Benefits provided by Out-of-Network Providers. The Out-of Network Provider Differential applies to:

1. Out-of-Network Professional Providers, including, but limited to: (a) Physicians; (b) Physician Assistants; and (c) Advance Nurse Practitioners;
2. Out-of-Network Facility Providers, including, but not limited to: (a) Hospitals; (b) Free-Standing Surgical Facilities; (c) Skilled Nursing Facilities; and (d) Convalescent Homes.

Open Enrollment Period means those periods of time agreed to by the Policyholder and Us during which Eligible [Employees] and their dependents may enroll for coverage under this Group Policy.

Policyholder means the employer named on the cover page of this Group Policy. The Policyholder is the owner of this Group Policy, which means the Policyholder may exercise the rights set forth in this Group Policy

Physician means a person licensed to practice medicine in the state where the service is provided. A Physician is also a Covered Provider.

Physician Specialist means a Physician who: (1) has obtained advanced training in various areas of a medical specialty; and (2) is board-certified in that specialty. Physician Specialist includes, but is not limited to: (1) Anesthesiologists; (2) Dermatologists; (3) Ophthalmologists; (4) Orthopedic Surgeons; (5) Psychiatrists; (6) Radiation Oncologist; and (7) Surgeons. Physician Specialist does not include: (1) a Family Practice Physician; (2) an Internal Medicine Physician; or (3) an obstetrician; or (4) gynecologist.

Policy Effective Date means the date on which this Group Policy becomes effective. The Policy Effective Date is shown in the Schedule of Benefits.

Primary Care Physician means a Provider who is:

1. Acting within the scope of the Provider's license; and
2. An In-Network Provider.

A Primary Care Physician includes the following providers: (1) Family Practice (FP); (2) Internal Medicine (IM); (3) Pediatrician (MD); Obstetrics and Gynecology (OBGYN); (4) Gynecologist (GYN); (5) Geriatrician (MD); (6) Osteopath (DO); and (7) other providers performing services for Covered Persons in connection with the services provided by preceding specified providers, listed in (1) through (6), including: (a) Registered Nurse (RN); (b) Advanced Practical Registered Nurse (APRN); (c) Nurse Practitioner (NP); (d) Certified Nurse Midwife (CNM); and (e) Physician's Assistant (PA).

The following In-Network Providers who are qualified and willing to provide primary care services as the Covered Person's Primary Care Physician may be elected by the Covered Person to be the Covered Person's Primary Care Physician:

1. An Obstetrician;
2. A Gynecologist; or
3. A Pediatrician.

Professional Call means an interview between the Covered Person and the covered professional provider in attendance. The covered professional provider must examine the Covered Person and provide or prescribe medical treatment. "Professional Call" does not include telephone calls or any other communication where the Covered Person is not examined by the covered professional provider.

Outpatient means treatment or services that are provided when the Covered Person is not confined as a bed patient in a Covered Facility. This includes outpatient treatment at a Covered Facility as well as visits to a Physician or other Covered Providers.

Skilled Nursing Facility (*Refer to the definition of Convalescent Home*).

Surgery means manual procedures that: (a) involve cutting of body tissue; (b) debridement or permanent joining of body tissue for repair of wounds; (c) treatment of fractured bones or dislocated joints; (d) endoscopic procedures; and (e) other manual procedures when used in lieu of cutting for purposes of removal, destruction or repair of body tissue.

Treatment means medical care, services or treatment or course of treatment which is ordered, prescribed and/or provided by a Physician to diagnose or treat an Injury or Illness, including:

1. Confinement, Inpatient or Outpatient services or procedures; and
2. Drugs, supplies, equipment, or devices.

The fact that a Treatment was ordered or provided by a Physician does not, of itself, mean that the Treatment will be determined to be Medically Necessary.

Ward means a person for whom You have legal responsibility, substantiated by an administrative or court order, for the ward's health care coverage.

SECTION 2 – WHEN COVERAGE TAKES EFFECT AND TERMINATES

If this Group Policy was purchased on the Exchange (Health Insurance Marketplace), the eligibility for coverage and termination provisions in this Section are subject to the Exchange rules governing eligibility, termination and any continued coverage provisions in this Group Policy.

ELIGIBILITY AND EFFECTIVE DATE OF COVERAGE

[[EMPLOYEES]]

[If the [Employee] is an Eligible [Employee], such [Employee] will be eligible for coverage under this Policy on the first day of the month following the [Employee's] date of hire.

Eligible [Employees] who have met the eligibility requirements on the Policy Effective Date will be eligible to enroll under this Group Policy on the Policy Effective Date.

The Eligible [Employee] must: (1) complete and submit an Enrollment Form to the Policyholder; and (2) remit any premium contribution required for the Eligible [Employee's] coverage.]]

DEPENDENTS

The Dependent of an Eligible [Employee] is eligible for insurance under this Group Policy if:

1. The Dependent is an Eligible Dependent on the date the Eligible [Employee] is effective for coverage under this Group Policy; or
2. The Dependent becomes an Eligible Dependent after the Eligible [Employee]'s Effective Date of Coverage.

The Eligible Dependent must be included on an Enrollment Form and any premium contribution required for the Eligible Dependent's coverage must be remitted.

CONTINUED COVERAGE FOR HANDICAPPED CHILDREN

A Covered Dependent Child, whose insurance under this Group Policy would otherwise terminate solely due to the attainment of age 26 (the limiting age), will continue to be a Covered Dependent Child while such Covered Dependent Child is and continues to be both:

1. Incapable of self-sustaining employment by reason of intellectual disability or physical disability; and
2. Chiefly dependent upon the Covered [Employee] for support and maintenance.

Proof of the intellectual disability or disability, and dependency must be furnished to Us by You within thirty-one (31) days of the Covered Dependent Child's attainment of the limiting age and subsequently as may be required by Us. However, We may not require such proof more frequently than annually after the two-year period following the Covered Dependent Child's attainment of the limiting age.

WHEN COVERAGE BECOMES EFFECTIVE FOR NEW ELIGIBLE DEPENDENTS

The Covered [Employee] may enroll a new Eligible Dependent for coverage under this Group Policy if the Eligible Dependent is acquired:

1. After the Covered [Employee's] effective date of coverage under this Group Policy; and
2. Due to: (1) marriage; (2) birth; (3) adoption or placement for adoption; (4) legal guardianship; (5) valid court order; (6) domestic partnership.

This Dependent Special Enrollment Period will be for a period of sixty (60) days that begins on the later of:

1. The date Dependent Coverage is made available; or
2. The date of: (a) marriage; (b) birth; (c) adoption; (d) placement for adoption; (e) legal guardianship; (f) valid court order; (g) declaration of domestic partnership.

If the Covered [Employee] seeks to enroll an Eligible Dependent during the first 60 days of this Dependent Special Enrollment period, the coverage of the Eligible Dependent becomes effective:

1. In the case of marriage, not later than the first day of the first month beginning after the date on which the completed request for enrollment is received;
2. In the case of an Eligible Dependent's birth, as of the date of birth; or
3. in the case of an Eligible Dependent's adoption or placement for adoption, the date of the adoption or placement for adoption.

The Covered [Employee] must provide written notification of the newly Eligible Dependent on an Enrollment Form. The Covered [Employee] must also pay any additional premium contribution required for the newly Eligible Dependent's coverage under this Group Policy.

Such written notification and premium payment must be given to Us within sixty (60) days of acquiring the new Eligible Dependent, unless otherwise specified in the *Enrollment Requirements for Newly Adopted and Newborn Children* provision in this Section.

The effective date of coverage under this Group Policy for the new Eligible Dependent will be the first of the month following the date the Dependent qualifies as an Eligible Dependent. Coverage will begin at 12:01 a.m. local time at the Covered [Employee]'s place of residence, on the Eligible Dependent's effective date of coverage.

ENROLLMENT REQUIREMENTS FOR NEWLY ADOPTED AND NEWBORN CHILDREN

Adopted Child

Coverage under this Group Policy for a Covered [Employee]'s newly adopted child will become effective from the date of Placement for the purpose of adoption and will continue unless:

1. Placement is disrupted prior to legal adoption; and
2. The child is removed from Placement.

“Placement” means the transfer of physical custody of a child who is legally free for adoption to a person who intends to adopt the child.

In order for the newly adopted child to be insured under this Group Policy, the Covered [Employee] must, within sixty (60) days of acquiring the newly adopted child, provide Us with the following:

1. Written notification of the Placement of the adopted child; and
2. Payment of any additional premium required for the adopted child's coverage under this Group Policy.

Newborn Child

Coverage under this Group Policy will be provided for each newborn child of a Covered Person from the moment of birth for sixty (60) days.

The Covered [Employee] must give Us:

1. Written notification of the birth of the child; and
2. Any additional premium due for the newborn child's coverage;

within sixty (60) days of the birth of the newborn child in order to have the newborn child's coverage extended beyond the sixty (60) day period. If notification and any required premium are not paid within the 60-day period, no further coverage will be provided for the newborn child after the sixty (60) day period.

DEPENDENT ELIGIBILITY FOR DOMESTIC PARTNERS

An Eligible Dependent includes the Eligible [Employee's] Domestic Partner, provided all the following are met:

1. You have no other Domestic Partner under the Policy.
2. You and Your Domestic Partner:
 - a. Are both eighteen (18) years of age or older and each has the capacity to enter into a contract.
 - b. Share and have shared a common residence for at least the most recent last six (6) consecutive months.

- c. Are not currently legally married to or legally separated from another person.
- d. Are not legally related to each other as:
 - 1) Siblings
 - 2) Parents
 - 3) First Cousins
 - 4) Aunts
 - 5) Uncles
 - 6) Grandparents
 - 7) Grandchildren
- 3. The Domestic Partner;
 - a. Does not meet the Policy eligibility requirements of a spouse or dependent child
 - b. Does not have a parental relationship with You
- 4. A signed Declaration of Domestic Partnership must be furnished to Us upon enrollment

ENROLLMENT PERIODS

An Eligible [Employee] or an Eligible Dependent who did not enroll when first eligible under this Group Policy may enroll under this Group Policy if:

- 1. The Eligible [Employee] or Eligible Dependent was covered under another group health plan or had other health insurance coverage at the time that coverage was previously offered to the Eligible [Employee] or Eligible Dependent;
- 2. The Eligible [Employee] stated in writing at the time that coverage under another group health plan or health insurance coverage was the reason for declining enrollment, but only if the Policyholder or We required the statement at the time and provided the Eligible [Employee] with notice of the requirement and the consequences of the requirement at the time;
- 3. The Eligible [Employee's] or Eligible Dependent's coverage described in paragraph 1. was:
 - a. Under a COBRA continuation provision and was exhausted; or
 - b. Not under a COBRA continuation provision and was terminated as a result of loss of eligibility for the coverage or because Policyholder's employer contributions toward the coverage were terminated; and
 - c. Under the terms of this Group Policy, the Eligible [Employee] requests the enrollment not later than 30 days after the date of exhaustion of COBRA coverage or termination of coverage or Policyholder premium contribution.

OPEN ENROLLMENT PERIODS

The Policyholder may establish open enrollment period(s) as agreed upon by Us. During this period, Eligible [Employees] or Eligible Dependents who are not enrolled under this Group Policy may enroll for coverage under this Group Policy. Such enrollment under this Group Policy will be effective on the date of the Open Enrollment Period. Notification of enrollment must be provided on an Enrollment Form and any premium contribution required by the Eligible [Employee] must be paid. We will have the right to limit the number of enrollment periods to be provided during a Calendar Year.

TERMINATION OF INSURANCE

GROUP POLICY TERMINATION BY THE

This Group Policy will terminate at 12:00 a.m. local time at the Policyholder's place of business on the earliest of:

1. The end of the period for which no premium is paid, subject to the Grace Period; refer to Section 3;
2. The premium due date following the date We receive the Policyholder's written request to terminate this Group Policy; or
3. The date no Eligible [Employees] are insured under this Group Policy.

NOTICE OF CANCELLATION FOR NONPAYMENT OF PREMIUM

We will provide at least 15 days prior notification of cancellation for nonpayment of premium for this Group Policy.

We will send the notice to the Policyholder at the Policyholder's last-known address. The notice will specify the date of cancellation of this Group Policy. We will attach a properly executed proof of mailing to this notice and maintain a copy of the proof of mailing in Our records.

We will hold for processing of payment any claims for Covered Medical Expenses incurred for Covered Benefits during the 15-day notification period for nonpayment of premium for group health insurance coverage. Upon receipt of the premium, claims held for the 15-day notification period will be processed for payment.

This Group Policy will continue in full force and effect, subject to the requirements of the preceding paragraph, until the proper 15-day notice has been given, unless this Group Policy has already been replaced.

The 15-day period begins to run from the date of the proof of mailing.

We may collect premiums for any time period that this Group Policy remains in effect.

When this Group Policy is actually canceled, notice must also be mailed to all Certificateholders at:

1. Their last-known home addresses if available; or
2. The business address of the Policyholder.

TERMINATION OF COVERED [EMPLOYEES][EMPLOYEES]

[A Covered [Employee]'s coverage under this Group Policy will terminate at 12:00 a.m. on the earliest of the following:

1. The date the Covered [Employee] no longer qualifies as an Eligible [Employee];
2. The date the Covered [Employee] fails to make any premium contributions required for the Covered [Employee]'s coverage under this Group Policy;
3. The date of death of the Covered [Employee];
4. The date the Covered [Employee] enrolls for Medicare;
5. The date this Group Policy is terminated.]

TERMINATION OF COVERED DEPENDENTS

[A Covered Dependent's coverage will terminate at 12:00 a.m. at the Covered [Employee]'s place of residence on the earliest of:

1. The end of the period for which premium for the Covered Dependent's coverage is not paid, subject to the Grace Period;
2. The premium due date following the date a Covered Dependent Child ceases to be an Eligible Dependent as defined in this Group Policy;
3. The date the Covered [Employee]'s coverage terminates under this Group Policy, subject to *Dependent Continuation provision in this section*;
4. The premium due date following the date We receive the Covered [Employee]'s written request to terminate the Covered Dependent's coverage under this Group Policy; or
5. The date the Covered Dependent enrolls for Medicare.]

Also, refer to *Termination of Coverage for Handicapped Child* provision regarding additional termination provisions for handicapped children.

Termination of Coverage for Handicapped Child

In addition to the termination provisions indicated above, insurance coverage for a Covered Dependent Child who is a handicapped child age 26 and over will end on the earliest of:

1. The date the Dependent marries;
2. The date the Dependent obtains self-sustaining employment;

3. The date the Dependent ceases to be handicapped;
4. The date the Dependent ceases to be dependent upon You for support and maintenance;
5. Sixty (60) days after a written request for proof of handicap, if proof is not provided within such 60-day period;
6. The date Covered [Employee] refuses to allow Us to examine the Dependent Child; or
7. The date We receive notification to terminate the Dependent's coverage under this Group Policy.

SUSPENSION OF COVERAGE DURING MILITARY SERVICE

If a Covered Person enters into active duty status for the military or naval service of the United States or any other country, coverage will be suspended as of the first date of active duty status. The Policyholder must notify Us of the Covered Person's active duty status within sixty (60) days of the first date of the Covered Person's active duty status; however, coverage will be suspended regardless of receipt of notification. When We receive notification of the active duty status, any required adjustment of premium will be made, including refund of premium if necessary.

Upon termination of active duty status, the Covered Person may request a resumption of coverage if the Covered Person:

1. Meets the eligibility requirements for Eligible [Employee] or Eligible Dependent as provided in this Group Policy;
2. Makes the request for resumption of coverage in writing within sixty (60) days of the Covered Person's termination of active duty status; and
3. Pays any required premium for the Covered Person's coverage under this Group Policy.

Coverage under this Group Policy will resume on the date immediately following Our receipt and verification of the above requirements.

GROUND FOR NONRENEWAL OR DISCONTINUATION OF THIS GROUP POLICY

Except as provided in this provision, if We offer health insurance coverage in the small group market or large group market in connection with a group health plan, We will renew or continue the coverage in force at the option of the Policyholder.

We may nonrenew or discontinue health insurance coverage offered in connection with this Group Policy in the small group market or large group market if:

1. The Policyholder has failed to pay premiums or contributions in accordance with the terms of this Group Policy or if We have not received timely premium payments;
2. The Policyholder has performed an act or practice that constitutes fraud or has made an intentional misrepresentation of material fact under the terms of this Group Policy coverage;

3. The Policyholder has failed to comply with a material plan provision relating to employer contribution or group health plan participation rules;
4. We are ceasing to offer coverage in that group market in accordance with this provision and applicable state law; or
5. There is no longer any enrollee in connection with this Group Policy who lives, resides, or works in the service area of the Provider Network provided for this Group Policy.

We may not discontinue offering a particular type of group health insurance coverage offered in the small group market or large group market unless in accordance with applicable state law and unless:

1. We provide notice to each Policyholder, participant, and beneficiary provided coverage of this type in that group market of the discontinuation at least 90 days prior to the date of the discontinuation of the coverage;
2. We offer to each Policyholder provided coverage of this type in the market the option to purchase any other health insurance coverage currently being offered by Us to a group health plan in the market; and
3. We act uniformly without regard to the claims experience of those Policyholders or any health status-related factor of any participants or beneficiaries covered or new participants or beneficiaries who may become eligible for the coverage.

We may not discontinue offering all health insurance coverage in the small group market, the large group market, or both the small group market and the large group market, unless in accordance with applicable state law and unless:

1. We provide notice of discontinuation to the Montana Insurance Commissioner and to each Policyholder, participant, and beneficiary covered at least 180 days prior to the date of the discontinuation of coverage; and
2. All health insurance issued or delivered for issuance in Montana in the group market or markets is discontinued and coverage under the health insurance coverage in the group market or markets is not renewed.

In the case of a discontinuation under this provision in a group market, We may not provide for the issuance of any health insurance coverage in the group market for a period of 5 years beginning on the date of the discontinuation of the last health insurance coverage not renewed.

We may modify upon renewal health insurance coverage for a product offered to a group health plan in the large group market or in the small group market if, for coverage that is available in the small group market other than only through one or more bona fide associations, modification is consistent with applicable state law and effective on a uniform basis among group health plans with that product.

COBRA CONTINUATION OF COVERAGE

If this Group Policy remains in effect, but the Covered [Employee]'s or a Covered Dependent's coverage under this Group Policy would otherwise terminate, We may be required to offer such Covered [Employee] or Covered Dependent the right to continue coverage under this Group Policy. This right is referred to as "Continuation Coverage" and may occur for a limited time subject to the terms of this provision and the federal Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA only applies to this Group Policy if the Policyholder covers at least 20 Eligible [Employees] under this Group Policy.

ELIGIBILITY

If Covered [Employee] or Covered Dependent has been covered under this Group Policy on the day before a qualifying event, the Covered [Employee] or Covered Dependent may be eligible for COBRA Continuation Coverage. The following are qualifying events for such COBRA Continuation Coverage if, under the terms of this Group Policy, the event causes the Covered [Employee] or Covered Dependent to lose coverage:

1. For Covered [Employees], loss of coverage because of:
 - a. The termination of employment except for gross misconduct; or
 - b. A reduction in the number of hours worked by the Covered [Employee].
2. For Covered Dependents, loss of coverage because of:
 - a. The termination of the Covered [Employee's] coverage under this Group Policy'
 - b. The death of the Covered [Employee];
 - c. The divorce or legal separation from the Covered [Employee];
 - d. The Covered [Employee] becomes entitled to Medicare, if applicable; or
 - e. The Covered Dependent reaches the limiting age for coverage under this Group Policy.

ENROLLING FOR COBRA CONTINUATION COVERAGE

We will provide notification of the rights to enroll for COBRA Continuation Coverage to the Covered [Employee] or Covered Dependent after:

1. The Covered [Employees] termination of employment, reduction in hours worked, death or entitlement to Medicare Coverage; or
2. The Covered [Employee] or Covered Dependent notifies Us, in writing, within 60 days after any other qualifying event set out above in this COBRA Continuation Coverage provision

The Covered [Employee] or Covered Dependent has 60 days from the later of the date of:

1. The qualifying event; or
2. The date that the Covered [Employee] or Covered Dependent receives notice of the right to COBRA Continuation Coverage to enroll for such Coverage.

We will send the Covered [Employee] or Covered Dependent the necessary forms that should be used to enroll for COBRA Continuation Coverage. If the Covered [Employee] or Covered Dependent does not send the written notification form to Us within the 60-day period, the Covered [Employee] or Covered Dependent will lose their right to COBRA Continuation Coverage. If the Covered [Employee] or Covered Dependent qualifies for COBRA Continuation Coverage and receives services that would be for Covered Benefits, before enrolling and paying the premium for COBRA Continuation Coverage, the Covered [Employee] or Covered Dependent will be required to pay for those services. We will reimburse the Covered [Employee] or Covered Dependent for Covered

Medical Expenses incurred for Covered Benefits, less required cost-sharing or other any payments required by to be paid by the Covered [Employee] or Covered Dependent, after the Covered [Employee] or Covered Dependent enrolls and pay the required premium for the COBRA Continuation Coverage, and submit a claim for those Covered Medical Expenses incurred for the Covered Benefits provided under this Group Policy.

CONTINUATION OF COVERAGE

CONTINUATION COVERAGE FOR DEPENDENTS

If coverage terminates under this Group Policy for a Covered Dependent due to:

1. The death of the Covered [Employee]; or
2. The Covered [Employee]'s divorce, or annulment or dissolution of marriage or domestic partnership, or legal separation from the Covered [Employee]'s Covered Dependent spouse or domestic partner; or
3. A Covered Dependent Child attaining age 26, except as provided under the “*Termination of Coverage for Handicapped Child*” provision;

the Covered Dependent spouse or domestic partner, and/or Covered Dependent Child may elect to continue coverage under this Group Policy. The spouse or domestic partner may also elect to continue coverage for Covered Dependent children under age 26 for whom the spouse or domestic partner has the responsibility for care and support.

Notice of this election must be received by Us within 60 (sixty) days of the event. No evidence of insurability will be required. Premium for the continued coverage must be paid within sixty (60) days after the election is made. Premium for the continued coverage will be based on Our rates in effect at the time of the continuation coverage.

CONTINUATION OF COVERAGE AFTER REDUCTION OF REGULAR WORK SCHEDULE

A Covered [Employee] may, for a period of one (1) year, with the consent of the Policyholder, continue coverage under this Group Policy during the Covered [Employee]'s employment notwithstanding any reduction of the Covered [Employee]'s regular work schedule to less than the minimum time required to qualify for coverage under this Group Policy, and the premium charged such Covered [Employee] will be equal to that charged other Covered [Employees] with the same risk class.

CONVERSION PRIVILEGE

CONVERSION RIGHTS ON TERMINATION OF ELIGIBILITY

The Covered [Employee] and the Covered [Employee]'s Covered Dependents will be entitled to convert their insurance or any portion of their insurance provided under this Group Policy cease because of:

1. Termination of the Covered [Employee]'s eligibility for coverage under this Group Policy;
2. Termination of the Covered [Employee]'s employment, as a result of the Covered [Employee]'s Policyholder discontinuing the Policyholder's business; or
3. Discontinuation of this Group Policy by the Policyholder and the Policyholder does not provide any other group disability insurance or plan; and

such Covered Person:

1. Has been insured under this Group Policy for at least a period of 3 months; and
2. Is not insured under another major medical disability insurance policy or plan.

We will issue an individual conversion policy, or a certificate under a group conversion policy, to the Covered [Employee] or Covered Dependent, without evidence of insurability, if application for the individual policy is made and the first premium is paid to Us within thirty-one (31) days after the termination of coverage under this Group Policy for the Covered [Employee] or Covered Dependent.

The individual conversion policy, or group conversion certificate, at the option of the Covered Person, may be on any form then customarily issued by Us to individual policyholders, with the exception of a policy the eligibility for which is determined by affiliation other than by employment with a common entity.

The premium for the individual conversion policy, or group conversion certificate, will be at no more than 200% of Our customary rate applicable to this Group Policy coverage being terminated at the time of the conversion. If the Covered Person who is entitled to conversion has been insured for more than 3 years under this Group Policy, the premium for the individual

conversion policy, or group conversion certificate, will not be more than 150% of the customary rate of the coverage provided under this Group Policy that is being terminated at the time of the conversion.

The conversion policy will offer the same benefits as those being terminated.

The effective date and time of the conversion policy will be effective the next day immediately following the date coverage under this Group Policy is terminated.

CONVERSION PRIVILEGE AVAILABLE TO SPOUSE AND CHILDREN

Subject to the conditions set forth in this Conversion Privilege provision, the conversion privilege is also available:

1. To the surviving spouse, if any, at the death of the Covered [Employee], with respect to the spouse and children whose coverage under this Group Policy terminates by reason of the death; otherwise, to each surviving Covered Dependent Child whose coverage under this Group Policy terminates by reason of the death of the Covered [Employee] at the end of the Dependent Continuation Coverage;
2. To the Covered Dependent spouse of the Covered [Employee] upon termination of coverage of the Covered Dependent spouse under this Group Policy, by reason of the such spouse ceasing to be a qualified family member under this Group Policy, while the Covered [Employee] remains covered under this Group Policy, including Covered Dependent Children whose coverage under this Group Policy terminates at the same time; or
3. To a Covered Dependent Child solely with respect to the child upon termination of child's coverage by reason of ceasing to be a qualified family member under this Group Policy if a conversion privilege is not otherwise provided in this Conversion Privilege provision with respect to the termination.

SECTION 3 – PREMIUMS

PAYMENT OF PREMIUM

All premium, any charges or fees for this Group Policy (hereinafter referred to as “premium”) must be paid to Us. The premium for this Group Policy is shown in the Schedule of Benefits. If You do not pay premiums when due, this Group Policy will terminate subject to the *Grace Period*. The Premium Due Date is shown in the Schedule of Benefits.

UNPAID PREMIUM

On payment of a claim under this Group Policy, any premium then due and unpaid may be deducted from The Covered Person’s claim payment.

GRACE PERIOD – GROUP POLICY NOT PURCHASED ON THE EXCHANGE

THIS GRACE PERIOD PROVISION APPLIES IF THIS GROUP POLICY WAS NOT PURCHASED ON THE EXCHANGE.

After the first due premium payment, if a premium is not paid on or before the date it is due, it may be paid during the next thirty-one (31) days. These thirty-one (31) days are called the Grace Period. Coverage under this Group Policy will remain in force during the Grace Period. If any premium is unpaid at the end of the Grace Period, this Group Policy will automatically terminate at the end of the Grace Period. However, We will not terminate this Group Policy until We have mailed or delivered to You at Your last-known business address shown in Our records a written notice, in addition to any billing statement, stating the date this Group Policy’s termination will become effective, which will not be earlier than:

1. The beginning of the period for which premiums have not been paid in full if the notice of termination for nonpayment of premiums is mailed or delivered within fifteen (15) days after the due date of the missed premiums for that period; or
2. The date of mailing or delivery of notice of termination for nonpayment of premiums if the notice of termination for nonpayment of premiums is not mailed or delivered within fifteen (15) days after the premium due date for the applicable policy period.

We will give such termination notice to You at least thirty (30) days in advance of termination for nonpayment of premiums.

GRACE PERIOD – IF POLICY IS PURCHASED ON THE EXCHANGE AND POLICYHOLDER IS RECEIVING ADVANCE PAYMENT OF PREMIUM TAX CREDIT

After the first due premium payment, if a premium is not paid on or before the date it is due, it may be paid during the next ninety (90) days. These ninety (90) days are called the Grace Period. Coverage under this Group Policy will remain in force during the Grace Period.

During the first month of the grace period, We will continue to pay claims incurred for Covered Medical Expenses by Covered Persons. During the second and third months of the grace period, We will suspend payment of any claims until We receive the past due premiums. If payment is not received for all outstanding premium by the end of the grace period, this Policy will be terminated effective at 12:00 a.m. on the last day of the first month of the grace period. You will be responsible for the cost of any health care services You receive after the last day of the first month of the grace period.

PREMIUM RATE CHANGES

Subject to rate requirements applicable in the state of Montana, where this Group Policy is issued, We may change the rates for this Group Policy on any Policy Anniversary Date after this Group Policy has been in force for 12 months. However, the rates may be changed sooner than 12 months if a premium increase is necessitated by: (1) a state or federal law; (2) court decision; or (3) rule adopted by an agency of competent jurisdiction of the state or federal government. Any rate change will be made only when We change the rates for all policies in the same rate class on the same form as this Group Policy that are issued in the state of Montana.

We will give You at least 45 days prior written notice before the effective date of any rate change. The rates will never be changed due to a change in The Covered Person's age or health. Such notice will be mailed to the Covered [Employee's] last known address as shown in Our records. If We fail to provide the notice as stated in this provision, this Group Policy will remain in effect at the existing rate with the existing benefits until: (1) the full notice period has expired; or (2) the effective date of the replacement coverage is obtained by You, whichever occurs first.

PREMIUM REFUND

In the event of termination of this Group Policy, We will refund any portion of the unearned premium.

SECTION 4 – IN-NETWORK PROVIDER NETWORK OPTION

HOW TO SELECT A PRIMARY CARE PHYSICIAN – IN-NETWORK PROVIDER

If the Covered Person elects to receive services on an In-Network basis, the Covered Person must select a Primary Care Physician. The Primary Care Physician is selected from the In-Network Directory of Participating Providers. The selection of the Primary Care Physician is made solely by the Covered Person. Except for Emergency Services, no coverage will be accessed under this Policy without having a Primary Care Physician.

WHY YOU MUST CHOOSE A PRIMARY CARE PHYSICIAN

A Primary Care Physician must be selected by the Covered Person in order to receive In-Network benefits under this Policy. The Primary Care Physician coordinates the medical care, as appropriate, for the Covered Person either by providing the treatment or issuing a Referral for the Covered Person to receive treatment by another In-Network Provider.

Except for Emergency Care Services, only those Covered Benefits for which services are provided by or referred by the Covered Person's Primary Care Physician will be covered under this Policy as In-Network benefits. Covered Benefits provided under this Policy are described in Section 5. It is the Covered Person's responsibility to consult with the Covered Person's Primary Care Physician in all matters regarding the Covered Person's medical care.

OUT-OF-NETWORK SERVICES COVERED?

The Covered Person may choose to receive services from an Out-of-Network Provider. Generally, benefits are payable at a lower level when an Out-of-Network Provider is used. Refer to the Schedule of Benefits.

WHAT ARE THE RESPONSIBILITIES OF THE COVERED PERSON WHEN USING IN-NETWORK PROVIDERS?

The Covered Person is responsible for making sure that providers and facilities, at the time of service, are active In-Network Providers participating in the In-Network Organization.

IN-NETWORK PROVIDER ORGANIZATION

The In-Network Provider Organization used for this Policy is administered by Altius Health Plans Inc., as shown on page 2, *Important Information*.

OUT-OF-NETWORK EMERGENCY SERVICES

If the Covered Person requires Emergency Services for an Emergency Medical Condition, while the Covered Person is traveling outside of the In-Network Service Area or cannot reasonably reach an In-Network Provider, the benefits payable for Emergency Services received from an Out-of-Network Provider will be the same as would be payable for the services of an In-Network Provider. Refer to the Schedule of Benefits for Emergency Services.

SECTION 5 – COVERED BENEFITS

This Group Policy will pay Covered Medical Expenses for the following Covered Benefits when services are provided by a Covered Provider.

PAYMENT OF BENEFITS

Payment of Covered Medical Expenses will be:

1. Based on the Allowable Fee; and
2. Subject to the Deductible, Coinsurance, Copayments, and Annual Out-of-Pocket Maximum stated in the Schedule of Benefits, unless otherwise stated in the Schedule of Benefits or this Section for specified Covered Benefits.

EXCEPTIONS

When Services Are Provided By An Indian Service

If the Covered Person who is an Indian, as defined in this Group Policy, receives services for Covered Benefits directly by:

1. An Indian Health Service;
2. An Indian Tribe;
3. A Tribal Organization;
4. An Urban Indian Organization; or
5. through referral under contract health services;

this Group Policy will pay Covered Medical Expenses incurred for Covered Benefits on an In-Network basis without the application of: (1) the Deductible; (2) Coinsurance; (3) Annual Out-of-Pocket Maximum; and (3) any applicable Copayments.

However, if services for Covered Benefits shown in Section 5, Covered Benefits, are not rendered directly by an Indian Health Service, an Indian Tribe, a Tribal Organization, an Urban Indian Organization, or through referral under contract health services, this Group Policy will pay benefits on:

1. An In-Network basis if the Covered Person, who is an Indian as defined in this Group Policy, obtains services from an In-Network Provider; or
2. An Out-of-Network basis if the Covered Person, who is an Indian as defined in this Group Policy, obtains services from an Out-of-Network Provider; and

the Deductible, Coinsurance, Annual Out-of-Pocket Maximum, and any applicable Copayments will apply.

Benefits Paid Without Cost-Sharing Requirements for Certain Covered Persons Who Are Indians

The Deductible, Coinsurance, Annual Out-of-Pocket Maximum, and any applicable Copayments will not apply to a Covered Person who is an Indian, as defined in this Group Policy, and who:

1. Meets the specific federal government guidelines to exempt such Covered Person from the cost-sharing requirements of this Group Policy; and
2. Obtains services from either In-Network Providers (Participating Providers) or Out-of-Network Providers (Non-Participating Providers).

BENEFITS ELIGIBLE FOR PAYMENT

Benefits will be eligible for payment if Covered Medical Expenses are:

1. Incurred for Covered Benefits while the Covered Person is insured under this Group Policy; and
2. The Treatment for which the Covered Medical Expenses are incurred is:
 - a. The result of an Illness or Injury; and
 - b. Medically Necessary, unless the Covered Benefit is for educational purposes only, as provided under this Group Policy; and
 - c. Prescribed or treated by a Physician or other Covered Provider as provided under this Group Policy; and
 - d. Meets Our Medical Policy.

Covered Benefits provided under this Group Policy are subject to the exclusions, limitations and all terms and conditions specified in this Group Policy.

ACCIDENT BENEFIT

Coverage will be provided for services rendered for bodily Injuries resulting from an Accident which occur after the Covered Person's Effective Date of Coverage.

AMBULANCE SERVICES

Coverage will be provided for local transportation provided by a licensed ambulance service to the nearest Hospital with the appropriate staff and facilities to treat the Emergency Medical Condition of the Covered Person.

ANESTHESIA SERVICES

Anesthesia services provided by a Physician (other than the attending Physician) or nurse anesthetist. Services include: (1) the administration of spinal anesthesia; and (2) the injection or inhalation of a drug or other anesthetic agent. No benefits will be paid for:

1. Local anesthesia or intravenous (IV) sedation that is considered to be an inclusive service or procedure.
2. Hypnosis;
3. Anesthesia consultations before surgery that are considered to be inclusive services and procedures because the Allowable Fee for the anesthesia performed during the surgery includes the anesthesia consultation; or
4. Anesthesia for dental services or injection of health.

AUTISM SPECTRUM DISORDER COVERAGE

Coverage will be provided for the diagnosis and treatment of autism spectrum disorders for a Covered Dependent Child 18 years of age or younger. Coverage under this Benefit will be provided for such Covered Dependent Child who is diagnosed with one of the following disorders as defined in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders:

1. Autistic Disorder;
2. Asperger's Disorder; or
3. Pervasive Developmental Disorder not otherwise specified.

Coverage will include:

1. Habilitative or rehabilitative care that is prescribed, provided, or ordered by a Physician or a licensed psychologist, including but not limited to: (1) professional, counseling, and guidance services; and (2) Treatment programs that are Medically Necessary to develop and restore, to the maximum extent practicable, the functioning of the covered child;
2. Medications prescribed by a Physician;
3. Psychiatric or psychological care; and
4. Therapeutic care that is provided by: (1) a speech-language pathologist; (2) audiologist; (3) occupational therapist; or (4) physical therapist licensed in this state.

Habilitative and rehabilitative care includes Medically Necessary interactive therapies derived from evidence-based research, including: (1) applied behavior analysis, which is also known as Lovaas therapy; (2) discrete trial training; (3) pivotal response training; (4) intensive intervention programs; and (5) early intensive behavioral intervention.

Applied behavior analysis covered under this provision must be provided by an individual who is: (a) licensed by the behavior analyst certification board; or (b) certified by the Department of Public Health and Human Services as a family support specialist with an autism endorsement.

When Continued Services Are Required

When treatment is expected to require continued services, We may request that the treating Physician provide a Treatment plan consisting of diagnosis, proposed treatment by type and frequency, the anticipated duration of treatment, the anticipated outcomes stated as goals, and the reasons the treatment is Medically Necessary. The Treatment plan must be based on evidence-based screening criteria. We may ask that the Treatment plan be updated every 6 months.

As used in this provision, “Medically Necessary” means any care, treatment, intervention, service, or item that is prescribed, provided, or ordered by a physician or psychologist licensed in this state and that will or is reasonably expected to:

1. Prevent the onset of an illness, condition, injury, or disability;
2. Reduce or improve the physical, mental, or developmental effects of an illness, condition, injury, or disability; or
3. Assist in achieving maximum functional capacity in performing daily activities, taking into account both the functional capacity of the recipient and the functional capacities that are appropriate for a child of the same age.

For Covered Persons who are over the age of 18 and have autism, coverage is provided under the *Severe Mental Illness* benefit in this Section 5.

BLOOD TRANSFUSIONS

Blood transfusions, including: (1) the cost of blood; (2) blood plasma; (3) blood plasma expanders; and (4) packed cells. Storage charges for blood are paid when the Covered Person has blood drawn and stored for the Covered Person’s own use for a planned surgery.

CHEMICAL DEPENDENCY

Coverage for the diagnosis and Treatment of Chemical Dependency will be provided on the same basis as any other Illness. Treatment for Chemical Dependency will consist of both Inpatient and Outpatient Treatment. Preauthorization is required for Chemical Dependency Treatment; refer to *Section 6, Utilization Review Management Program*.

“Chemical Dependency” means the abuse of, or psychological or physical dependence on, or addiction to alcohol or a controlled substance and includes alcohol and substance abuse.

“Chemical Dependency Treatment Center” means a treatment facility that:

1. Provides a program for the treatment of alcoholism or drug addiction pursuant to a written treatment plan approved and monitored by a Physician or addiction counselor licensed by the state; and
2. Is licensed or approved as a treatment center by the Department of Public Health and Human Services or is licensed or approved by the state where the facility is located.

Inpatient Treatment Services

Benefits will be payable for the necessary Treatment of Chemical Dependency when provided in or by:

1. A Hospital;
2. A Physician; or
3. A Freestanding Inpatient Facility which is a part of a Chemical Dependency Treatment Center. Such facility must be approved by the Department of Public Health and Human Services.

Coverage will be provided under this Group Policy for:

1. Medically monitored and medically managed intensive Inpatient Care services; and
2. Clinically managed high-intensity residential services.

Inpatient Care Services are subject to Plan Notification and Preauthorization. Please refer to Section 6, Utilization Review Management Program.

Outpatient Treatment Services

Benefits will be payable for Outpatient Treatment of Chemical Dependency when such Treatment is provided in or by:

1. A Hospital;
2. A Chemical Dependency Treatment Center;
3. A Physician or prescribed by a Physician;
4. A licensed psychiatrist;
5. A psychologist;
6. A licensed social worker;
7. A licensed professional counselor; or
8. An addiction counselor licensed by the state.

Outpatient Treatment of Chemical Dependency is subject to the following conditions:

1. The Treatment must be reasonably expected to improve or restore the level of functioning that has been affected by the Chemical Dependency;

2. The Treatment must be provided to diagnose and treat recognized Chemical Dependency;
3. No benefits will be provided for: (a) marriage counseling; (b) hypnotherapy; or (c) services given by a staff member of a school or halfway house.

CHIROPRACTIC SERVICES

Coverage will be provided for services provided by a licensed chiropractor within the scope of the Covered Person's license and practice. Benefits include chiropractic services provided in connection with the detection or correction of manual or mechanical means of:

1. Structural imbalance;
2. Distortion or subluxation in the human body for the purpose of removing nerve interference; and
3. The effects of such, where such interference is the result of or related to the distortion, misalignment, or subluxation in the vertebral column.

Benefits are subject to the Maximum Number of Visits per Calendar Year shown in the Schedule of Benefits.

CHRONIC DISEASE MANAGEMENT

Coverage will be provided for chronic disease management services for: (a) diabetes; (b) hypertension (high blood pressure); (c) high cholesterol; and (d) any other chronic disease required by the federal Affordable Care Act. The Covered Person must be diagnosed and receiving treatment for the chronic disease, and the Chronic Disease Management must be prescribed by a Physician.

CONVALESCENT HOME SERVICES

Coverage will be provided for services of a Convalescent Home as an alternative to Hospital Inpatient Care when:

1. Prescribed by a Physician; and
2. Preauthorization is obtained.

Coverage will be provided for Convalescent Home Physician visits.

No benefits will be payable for Convalescent Home Services if the Covered Person remains an Inpatient at the Convalescent Home when a skilled level of care is not Medically Necessary.

This Group Policy does not pay for custodial care services.

Benefits will be limited to the Maximum Number Days of Convalescent Home Services per Calendar Year as shown in the Schedule of Benefits.

DENTAL ACCIDENT SERVICES

Dental services provided by:

1. A Physician;
2. A Dentist;
3. An Oral surgeon; and/or
4. Any other Covered Provider;

will not be covered under this Group Policy except that Medically Necessary services for the initial repair or replacement of sound natural teeth which are damaged as a result of an Accident will be covered under this Group Policy. The following will not be covered under this Group Policy, even if they are related to an Accident: (1) orthodontics; (2) dentofacial orthopedics; or (3) related appliances.

This Group Policy will not pay for services for the repair of teeth which are damaged as the result of biting and chewing.

DOWN SYNDROME

Coverage will be provided for medically necessary care, treatment, intervention, services, or items that are prescribed, provided, or ordered by a physician licensed in Montana and that will or is reasonably expected to reduce or improve the physical, mental, or developmental effects of Down syndrome; or assist in achieving maximum functional capacities that are appropriate for a child of the same age. "Medically necessary" means any care, treatment, intervention, service, or item that is prescribed, provided, or ordered by a physician licensed in Montana and that will or is reasonably expected to reduce or improve the physical, mental, or developmental effects of Down syndrome; or assist in achieving maximum functional capacities that are appropriate for a child of the same age. Coverage includes habilitative or rehabilitative care, professional counseling, and guidance services and treatment programs that are medically necessary to develop and restore, to the maximum extent practicable, the functioning of the covered child. Therapeutic care that is provided as follows: up to 104 sessions per year with a speech-language pathologist, up to 52 sessions per year with a physical therapist, up to 52 sessions per year with an occupational therapist. Coverage is subject to deductible, copay and coinsurance.

When treatment is expected to require continued services, We may request that the treating physician provide a treatment plan consisting of diagnosis, proposed treatment by type and frequency, the anticipated duration of treatment, the anticipated outcomes stated as goals, and the reasons the treatment is medically necessary. The treatment plan must be based on evidence-based screening criteria. We may ask that the treatment plan be updated every 6 months.

DURABLE MEDICAL EQUIPMENT

Coverage will be provided for the purchase or rental of Durable Medical Equipment. The equipment must be appropriate for therapeutic purposes where the Covered Person resides. Benefits will include repairs and necessary maintenance of purchased equipment, not otherwise provided under a manufacturer's warranty or purchase agreement.

"Durable Medical Equipment" means equipment or FDA approved medical devices that are Medically Necessary to aid in the Covered Person's recovery, mobility and/or support of life.

Durable Medical Equipment must be: (a) prescribed by a Physician; (b) be able to withstand repeated use (consumables are not covered); (c) primarily used for to serve a medical purpose rather than for comfort or convenience; and (d) generally not useful to a person who is not ill or Injured.

If a type of equipment is specifically excluded under this Group Policy, it will not be covered under this Durable Medical Equipment benefit.

Durable Medical Equipment includes, but is not limited to: (a) canes; (b) crutches; (c) walkers; (d) standard manual or electric wheelchairs; and (e) standard hospital beds.

No benefits will be payable for the following: (1) exercise equipment; (2) car lifts or stair lifts; (3) biofeedback equipment; (4) self-help devices which are not medical in nature, regardless of the relief they may provide for a medical condition; (5) air conditioners and air purifiers; (6) whirlpool baths, hot tubs, or saunas; (7) waterbeds; (8) other equipment which is not always used for healing or curing; (9) computerized and "deluxe" equipment like motor-driven wheelchairs or beds when standard equipment is adequate. We will have the right to determine when standard equipment is adequate; (10) durable medical equipment required primarily for use in athletic activities; (11) replacement of lost or stolen durable medical equipment; (12) repair to rental equipment; and (13) duplicate equipment purchased primarily to the Covered Person's convenience when the need for duplicate equipment is not medical in nature.

Preauthorization is recommended for the original purchase or replacement of durable medical equipment over the amount indicated in the Schedule of Benefits. Please refer to *Section 6, Utilization Review Management Program*.

EDUCATION SERVICES

Coverage will be provided for education services that are related to the Covered Person's medical condition. Such education services must be prescribed by a Physician.

Preauthorization is required for this benefit.

EMERGENCY SERVICES

Coverage will be provided for emergency services provided in a Hospital's emergency room for an accidental Injury or an Emergency Medical Condition. Emergency Services include stabilization services. No Preauthorization is required for Emergency Services; however, the Covered Person must notify Us within 48 hours of the Emergency Service as provided in *Section*

HABILITATIVE AND REHABILITATIVE CARE

Coverage will be provided for habilitative care services when the Covered Person requires help to keep, learn or improve skills and functioning for daily living. These services include, but are not limited to: (1) physical and occupational therapy; (2) speech-language pathology; and (3) other services for people with disabilities. These services may be provided in a variety of Inpatient and/or Outpatient settings as prescribed by a Physician.

Coverage will be provided for rehabilitative care services when the Covered Person needs help to keep, get back or improve skills and functioning for daily living that have been lost or impaired because a the Covered Person was sick, hurt or disabled. These services will include, but are not limited to: (1) physical and occupational therapy; (2) speech-language pathology; and (3) psychiatric rehabilitation.

These services may be provided in a variety of Inpatient and/or Outpatient settings as prescribed by a Physician.

Coverage for habilitative care and rehabilitative care are subject to the benefit requirements specified in the federal Affordable Care Act.

HOME HEALTH CARE SERVICES

Coverage will be provided for Home Health Care when prescribed by a Physician. Home Health Care services must be provided by a licensed home health agency to a Covered Person in the Covered Person's place of residence and is prescribed by the Covered Person's attending Physician as part of the Covered Person's treatment plan.

Services for home health care include: (1) nursing services; (2) home health aide services; (3) hospice services; (4) physical therapy; (5) occupational therapy; (6) speech therapy; (7) medical social worker; (8) medical supplies and equipment suitable for use in the home; and (9) Medically Necessary personal hygiene, grooming, and dietary assistance. Home health care services do not include prescription drugs or medicines.

Benefits will be limited to the maximum number of home visits, per Calendar Year, shown in the Schedule of Benefits.

No benefits will be payable for:

1. Maintenance or custodial care visits;
2. Domestic or housekeeping services;
3. "Meals-on-Wheels" or similar food arrangements;
4. Visits, services, medical equipment, or supplies not approved or included as part the Covered Person's treatment plan for Home Health Care;
5. Services for mental or nervous conditions; or

6. Services provided in a nursing home or skilled nursing facility.

HOME INFUSION THERAPY SERVICES

The preparation, administration, or furnishing of parenteral medications, or parenteral or enteral nutritional services to the Covered Person by a Home Infusion Agency, includes:

1. Education for the Covered Person, the Covered Person's caregiver, or a Family Member;
2. Pharmacy;
3. Supplies;
4. Equipment; and
5. Skilled nursing when billed by the Home Infusion Therapy Agency.

Note: Skilled nursing services billed by a licensed Home Health Agency will be covered under the Home Health Care Benefit.

Home Infusion Therapy Services must be ordered by a Physician and provided by a licensed Home Infusion Therapy Agency. A licensed Hospital, which provides Home Infusion Therapy Services, must have a Home Infusion Therapy Agency license or an endorsement to its Hospital facility license for Home Infusion Therapy Services.

HOSPICE CARE SERVICES

Coverage will be provided for Hospice Care Services. Hospice Care Services is a coordinated program of home care and Inpatient Care that provides or coordinates palliative and supportive care to meet the needs of a terminally ill Covered Person and the Covered Person's Immediate Family. Benefits include:

1. Inpatient and Outpatient care;
2. Home care;
3. Skilled nursing care;
4. Counseling and other support services provided to meet the physical, psychological, spiritual and social needs of the terminally-ill Covered Person; and
5. Instructions for care of the Covered Person, counseling and other support services for the Covered Person's Immediate Family.

No benefits will be payable under this Covered Benefit for:

1. Services that do not require skilled nursing care, including Custodial Care for the convenience of the Covered Person or the Covered Person's Immediate Family; and
2. Prescription Drugs.

HOSPITAL SERVICES – FACILITY AND PROFESSIONAL

INPATIENT CARE SERVICES BILLED BY A FACILITY PROVIDER

Coverage will be provided for Inpatient Care Services provided in a Hospital or a state designated Critical Access Hospital. Benefits include the following:

1. Room and Board Accommodations:
 - a. Room and board, which includes special diets and nursing services;
 - b. Intensive care and cardiac care units which include special equipment and concentrated nursing services provided by nurses who are Hospital [Employees].
2. Miscellaneous Hospital Services:
 - a. Laboratory procedures;
 - b. Operating room, delivery room, and recovery room;
 - c. Anesthetic supplies;
 - d. Surgical supplies;
 - e. Oxygen and use of equipment for the administration;
 - f. X-rays;
 - g. Intravenous Injections and setups for intravenous solutions;
 - h. Special diets when Medically Necessary;
 - i. Respiratory therapy, chemotherapy, radiation therapy, dialysis therapy;
 - j. Physical therapy, speech therapy, and occupational therapy;
 - k. Drugs and medicines which:
 - 1) Are appointed for use in humans by the U.S. Food and Drug Administration for the specific diagnosis for which they are prescribed;
 - 2) Are listed in the American Medical Association Drug Evaluation, Physicians' Desk Reference, or Drug Facts and Comparisons; and
 - 3) Require a Physician's written prescription.
3. Inpatient Hospital Physician visits.

Inpatient Care is subject to Plan Notification and Preauthorization. Please refer to *Section 6, Utilization Review Management Program*.

Inpatient Care Services are subject to the following conditions:

1. Days of care:
 - a. The number of days of Inpatient Care provided is 365 days.
 - b. In computing the number of Inpatient Care days available, days will be counted according to the standard midnight census procedure used in most Hospitals.

The day the Covered Person is admitted to a Hospital is counted, but the day the Covered Person is discharged is not. If a Covered Person is discharged on the day of admission, one day is counted.

- c. The day the Covered Person enters a Hospital is the day of admission. The day the Covered Person leaves a Hospital is the day of discharge.
2. The Covered Person will be responsible to the Hospital for payment of its charges if the Covered Person remains as an Inpatient when Inpatient Care is not Medically Necessary. No benefits will be provided for a bed reserved for the Covered Person. No benefits will be paid for Inpatient Care provided primarily for diagnostic or therapy services.

INPATIENT CARE MEDICAL SERVICES BILLED BY A PROFESSIONAL PROVIDER

NONSURGICAL SERVICES BY A COVERED PROVIDER, CONCURRENT CARE AND CONSULTATION SERVICES

Medical services do not include surgical or maternity services. Inpatient Care medical services are covered only if the Covered Person is eligible for benefits under the Hospital Services, Inpatient Care Services section for the admission.

Medical care visits are limited to one visit per day per Covered Provider unless the Covered Person's condition requires a Physician's constant attendance and treatment for a prolonged period of time.

OBSERVATION BEDS/ROOMS

Payment will be made for observation beds when Medically Necessary, and in accordance with Medical Policy guidelines, subject to the following limitations:

1. When the observation bed is provided for less than 24 hours;
2. Benefits for observation beds will not exceed the semi-private room rate that would be billed for an Inpatient Care stay.

OUTPATIENT HOSPITAL SERVICES

Coverage will be provided for ambulatory patient services rendered in the Hospital's outpatient facilities and equipment for: (1) surgery; (2) respiratory therapy; (3) chemotherapy; (4) radiation therapy; and (5) dialysis therapy. Outpatient Hospital facilities include a licensed Hospital's Ambulatory Care Facility or licensed Free-Standing Surgical Facility.

LABORATORY SERVICES

Coverage will be provided for:

1. Diagnostic x-ray examinations;
2. Laboratory and tissue diagnostic examinations; and
3. Medical diagnostic procedures (machine tests such as EKG, EEG).



Laboratory services include, but are not limited to, the following:

1. Laboratory X-ray Examinations;
2. Other Radiology Tests, including but not limited to: (a) computerized tomography scan (CT Scan); (b) MRIs; (c) nuclear medicine; and (d) Ultrasound;
3. Laboratory Tests, including but not limited to: (a) urinalysis; (b) blood tests; and (c) throat cultures;
4. Diagnostic Testing, including but not limited to: (a) Electroencephalograms (EEG); and (b) Electrocardiograms (EKG or ECG).

Such laboratory services must be:

1. Prescribed by a Physician;
2. Medically Necessary to find the cause or diagnose an Illness or the extent of an Injury; and
3. Administered by a professional provider who is trained and licensed to perform such services.

This benefit does not include diagnostic services, such as biopsies, which are services that are routinely covered under the *Surgical Services Benefit*.

MATERNITY AND NEWBORN CARE SERVICES

Coverage will be provided for maternity services, including: (1) prenatal care; (2) delivery of one or more newborn children; (3) postpartum care and benefits for childbirth; and (4) Hospital Inpatient Care for conditions related directly to pregnancy.

Coverage will include at least:

1. 48 hours of Inpatient Care following a vaginal delivery; and
2. 96 hours of Inpatient Care following delivery by cesarean section for the mother and newborn infant;

for the mother and newborn infant in a Hospital or other Covered Facility. A decision to shorten the length of Inpatient stay to less than that provided above must be made by the attending health care provider and the mother.

Preauthorization will be required if a decision is made to lengthened the time of Inpatient stay to more than the above required period.

Under Federal law, benefits may not be restricted for any Hospital length of stay in connection with childbirth for the mother or newborn child to less than: (1) 48 hours following a vaginal delivery; or (2) 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending Covered Provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as

applicable). In any case, under Federal law, Covered Providers may not be required to obtain Preauthorization from the Utilization Review Management Program for prescribing a length of stay not in excess of 48 hours (or 96 hours).

Payment for any maternity services by the professional Covered Provider is limited to the Allowable Fee for total maternity care, which includes: (1) delivery; (2) prenatal care; and (3) postpartum care.

“Attending health care provider” means a Covered Provider licensed under Title 37 who is responsible for providing obstetrical and pediatric care to a mother and newborn infant.

NEWBORN INITIAL CARE

Coverage will be provided for the following:

1. The initial health care of a newborn child birth provided by a Physician;
2. Standby care provided by a pediatrician at cesarean section; and
3. Nursery Care – Hospital nursery care of newborn infants.

MEDICAL SUPPLIES

Coverage will be provided for the following supplies for use outside of a Hospital:

1. Supplies for insulin pumps, syringes and related supplies for conditions such as diabetes. It is recommended that the Covered Person purchase insulin pumps, syringes and related supplies under the Prescription Drug Benefit.
2. Injection aids, visual reading and urine test strips, glucagon emergency kits for treatment of diabetes. One insulin pump for each warranty period is covered under the Durable Medical Equipment Benefit;
3. Sterile dressings for conditions such cancer or burns;
4. Catheters;
5. Splints;
6. Colostomy bags and related supplies; and
7. Supplies for renal dialysis equipment or machines.

Medical supplies will be covered only when: (1) Medically Necessary to treat the Covered Person’s condition for which benefits are payable under this Group Policy; and (2) prescribed by Physician.

MENTAL HEALTH SERVICES

Coverage will be provided for Inpatient and Outpatient Treatment of Mental Illness. Benefits will be paid on the same basis as any other Illness. Preauthorization is required for this benefit. Coverage under this Covered Benefit does not include coverage for Severe Mental Illness; see the Severe Mental Illness benefit provision provided in this Section.

“Mental Illness” means a clinically significant behavioral or psychological syndrome or pattern that occurs in a person and that is associated with: (1) present distress or a painful symptom; (2) a disability or impairment in one or more areas of functioning; or (3) a significantly increased risk of suffering: (a) death; (b) pain; (c) disability; or (d) an important loss of freedom.

Mental Illness must be considered as a manifestation of a behavior, psychological, or biological dysfunction in a person.

Mental Illness does not include: (1) developmental disorders; (2) speech disorders; (3) psychoactive substance use disorders; (4) eating disorders (except for bulimia and anorexia nervosa); (5) impulse control disorders (except for intermittent explosive disorder and trichotillomania); or (6) Severe Mental Illness (refer to the Severe Mental Illness benefit in this Section).

“Mental Health Treatment Center” means a treatment facility organized to provide care and treatment for mental illness through multiple modalities or techniques pursuant to a written treatment plan approved and monitored by an interdisciplinary team, including a licensed physician, psychiatric social worker, and psychologist, and a treatment facility that is: (1) licensed as a mental health treatment center by the state;

(2) funded or eligible for funding under federal or state law; or (3) affiliated with a hospital under a contractual agreement with an established system for patient referral.

INPATIENT CARE SERVICES

Coverage for Inpatient Care Services of Mental Illness, while the Covered Person is insured under this Group Policy, when such Inpatient Care Services are provided in: (1) a Hospital; (2) a Freestanding Inpatient Facility; or (3) a Physician. Inpatient Care Services must be Preauthorized; refer to Section 6, Utilization Review Management Program. Medically monitored and medically managed intensive Inpatient Care services and clinically managed high-intensity residential services are covered under this Group Policy.

PARTIAL HOSPITALIZATION

Partial Hospitalization coverage will be provided for care and treatment of Mental Illness when Partial Hospitalization services are rendered by: (1) a Hospital; (2) a Freestanding Inpatient Facility; or (3) a Physician. Partial Hospitalization is considered to be Inpatient Care and must be Preauthorized; refer to Section 6, Utilization Review Management Program.

Benefits include Partial Hospitalization services for the Treatment of Mental Illness. Such services must be preauthorized; refer to Section 6, Utilization Review Management Program.

OUTPATIENT CARE SERVICES

Outpatient care and treatment of Mental Illness will be covered under this Group Policy if the Covered Person is not receiving Inpatient Mental Illness treatment and the Outpatient care and treatment is provided by: (1) a Hospital; (2) a Physician or prescribed by a Physician; (3) a Mental Health Treatment Center; (4) a Chemical Dependency Center; (5) a psychologist; (6) a licensed psychiatrist; (7) a licensed social worker; (8) a licensed professional counselor; or (9) a licensed addiction counselor.

Outpatient Mental Illness Treatment must be:

1. Provided to diagnose and treat recognized Mental Illness; and
2. Reasonably expected to improve or restore the level of functioning that has been affected by the Mental Illness.

No benefits will be payable for: (1) marriage counseling; (2) hypnotherapy; or (3) services given by a staff member of a school or halfway house.

NEW TECHNOLOGY EVALUATION

MHC will utilize the resources and expertise of Coventry Health Plan to assist and ensure MHC is following and maintaining the most up to date evaluations of new technology.

A new technology request can be referred from various health plan sources, including, but not limited to, a medical director, health services staff, or a member inquiry. After review by a medical director at the health plan, the request is forwarded to the attention of the Corporate Coventry Technology Evaluation Department.

Upon receipt the medical management designee initiates a review of the most current published authoritative medical and scientific information pertaining to the proposed technology. Information is obtained from sources such as, applicable medical and scientific journals, medical databases, specialty medical societies, and applicable government publications. The literature search can include, but is not limited to, accessing information from Hayes, ECRI, the Blue Cross/Blue Shield Technology Evaluation Center, National Comprehensive Cancer Network, National Cancer Institute, the American Medical Association or other medical professional organizations and boards.

The following factors will be considered when evaluating the proposed technology:

- Does the technology have final approval from the appropriate regulatory bodies?
- The scientific evidence must permit conclusions concerning the effect of the technology on health outcomes.
- The technology must improve the net health outcome; and must be beneficial as any established alternatives

Once a decision has been made, MHC in coordination with Coventry Health Plan will notify Network physicians, practitioners and Facilities explaining how the New Technology will be covered under MHC plans and benefits.

PEDIATRIC SERVICES

Coverage will be provided for Pediatric preventive care services for Covered Dependent Children under age twelve (12). Benefits include, but are not limited to: (1) appropriate immunizations as defined by Standards of Child Health Care issued by the American Academy of Pediatrics or other guidelines required by the state; (2) developmental assessments, which includes Physician visits for child health supervision services; (3) laboratory services; and (4) any other care and services mandated by the federal Affordable Care Act.

PHYSICIAN MEDICAL SERVICES

Coverage will be provided for services provided by a Physician (non-specialist or specialist) in the Physician's office during an office visit for medical services.

PRESCRIPTION DRUGS BENEFIT

Generic and Brand-Named Prescription Drugs are covered under this Group Policy, as provided in this Covered Benefit provision. All Prescription Drugs must be prescribed by a Physician and purchased at a Preferred Pharmacy (retail) or the Preferred Mail Order Pharmacy. No benefits are provided for prescription drugs purchased from a Non-Preferred Pharmacy or Non-Preferred Mail Order Pharmacy.

Covered Prescription Drugs are provided in the Prescription Drug Formulary for this Group Policy. The Prescription Drug Formulary will be provided to You with the issuance of this Policy. The formulary also may be obtained on Our website or by calling the Customer Service number appearing on page 2, *Important Information*.

DRUG FORMULARY, PREAUTHORIZATION, AND PRESCRIPTION DRUG SUPPLY LIMITS

The Prescription Drugs provided under this Group Policy are based on the Drug Formulary for this Group Policy. Therefore, only those prescription drugs listed in such Drug Formulary will be covered under this Group Policy.

Prescription Drugs do not require Preauthorization unless they are included in the Prescription Drug Preauthorization List, which is provided in *Section 6, Utilization Review Management Program*. If the Covered Person does not obtain Preauthorization for a Prescription Drug

listed in the Prescription Drug Preauthorization List, the Covered Person must submit a claim with supporting documentation to Customer Service for reimbursement considerations. Our Customer Service contact information is shown on page 2, Important Information.

The supply limits for Prescription Drugs are as follows:

1. Per prescription or refill at a retail Participating Provider Pharmacy is limited to a maximum of a 30-day supply based on the FDA-approved dosage regardless of the manufacturer packaging;
2. Per prescription or refill received from the Participating Provider Mail Order Pharmacy is limited to a maximum of a 90-day supply based on the FDA-approved dosage regardless of the manufacturer packaging. However, Self-Administered Injectable Drugs are limited to a maximum of a 30-day supply per prescription or refill received from the Participating Provider Mail Order Pharmacy.

Exclusions

No benefits will be payable for the following:

1. Nonlegend drugs other than insulin.
2. Anabolic Steroids.
3. Fluoride supplements.
4. Over-the-counter drugs that do not require a prescription.
5. Any drug used for the purpose of weight loss.
6. Prescription Drugs for cosmetic purposes, including the Treatment of alopecia (hair loss), e.g., Minoxidil, Rogaine.
7. Prescription Drugs used for erectile dysfunction. Certain drugs used for erectile dysfunction may be covered if Medically Necessary and the Covered Person receives Preauthorization.
8. Therapeutic devices or appliances, including:
 - a. Needles;
 - b. Syringes;
 - c. Support garments; and
 - d. Other nonmedicinal substances; regardless of intended use, unless otherwise specified as a Covered Benefit under this provision.
9. Diabetic infusion sets, which include: (a) a cassette; (b) needle and tubing; and (3) one insulin-pump during the warranty period. Diabetic-infusion sets and accessories for insulin pumps are covered under the Durable Medical Equipment Benefit.
10. Drugs or items labeled “Caution – limited by federal law to investigational use, or experimental drugs even though the Covered Person is charge for the item.

11. Immunization agents;
12. Biological sera;
13. Blood or blood plasma.
14. Prescription Drugs which are to be taken by or administered to the Covered Person, in whole or in part, while the Covered Person is a patient in: (a) a Hospital; (b) rest home; (c) sanitarium; (d) extended care facility; (e) convalescent hospital; (f) nursing home; or (g) similar institution which operates or allows to be operated on its premises; or (h) a facility for dispensing pharmaceuticals; medications in these situations is part of the facility's charge.
15. Any Prescription Drug refill: (a) in excess of the number specified by the Physician; or (b) dispensed after one year from the Physician's original order.
16. Smoking deterrent drugs or aids.
17. Replacement prescription Drugs or Prescription Drugs due to loss, theft or spoilage.

PURCHASE AND PAYMENT OF PRESCRIPTION DRUGS

Prescription Drugs may be obtained using an In-Network Provider Pharmacy only or the Participating Provider Mail Order Pharmacy. The Prescription Drug Deductible, Coinsurance and/or Copayment, if any, is shown in the Schedule of Benefits. The Prescription Drug Deductible and Copayments cannot be used toward the satisfaction of any other Deductible or satisfaction of the Annual Out-of-Pocket Maximum required under this Group Policy.

If Prescription Drugs are purchased at a retail Participating Provider Pharmacy, the Covered Person must present the Covered Person's Identification Card (ID) at the time of purchase and pay the required Prescription Drug Deductible, Coinsurance and/or Copayment as shown in the Schedule of Benefits.

If Prescription Drugs are purchased through the Participating Provider Mail Order Pharmacy, the Covered Person must provide the Participating Provider Mail Order Pharmacy with the completed order form, Deductible and/or Copayment amount, and the signed Physician prescription.

If Prescription Drugs are purchased at an Out-of-Network Provider Pharmacy, retail or mail order, the Covered Person must pay for the prescription at the time of purchase and then file a claim with Us. The claim must be sent to the Customer Service address shown on page 2, Important Information, for reimbursement considerations. The reimbursement of any claim will be based on the Allowable Fee payable for Providers.

Phenylketonuria (PKU) Coverage. Coverage will be provided for the treatment of inborn errors of metabolism: (a) that involve: (1) amino acid; (2) carbohydrate; and (3) fat metabolism; and (2) for which medically standard methods of: (1) diagnosis; (2) treatment; and (3) monitoring exist.

Coverage for PKU will include expenses of: (a) diagnosing; (b) monitoring; and (c) controlling the disorders by nutritional and medical assessment, including but not limited to: (1) clinical services; (2) biochemical analysis; (3) medical supplies; (4) prescription drugs; (5) corrective

lenses for conditions related to the inborn error of metabolism; (6) nutritional management; and (7) medical foods used in treatment to compensate for the metabolic abnormality and to maintain adequate nutritional status.

“Medical foods” means nutritional substances in any form that are: (a) formulated to be consumed or administered enterally under supervision of a physician; (b) specifically processed or formulated to be distinct in one or more nutrients present in natural food; (c) intended for the medical and nutritional management of patients with limited capacity to metabolize ordinary foodstuffs or certain nutrients contained in ordinary foodstuffs or who have other specific nutrient requirements as established by medical evaluation; and (d) essential to optimize growth, health, and metabolic homeostasis.

“Treatment”, as used in this benefit provision, means licensed professional medical services under the supervision of a physician.

PHYSICIAN MEDICAL SERVICES

Coverage will be provided for services of a Physician or Physician Specialist rendered in the Physician’s Office during a Professional Call. Office visits for immunizations will not include office call charges.

POSTMASTECTOMY CARE AND RECONSTRUCTIVE BREAST SURGERY

POSTMASTECTOMY CARE

Coverage will be provided for Inpatient Hospital care for a period of time determined by the Attending Physician in consultation with the Covered Person, to be Medically Necessary following:

1. A mastectomy;
2. A lumpectomy; or
3. A lymph node dissection;

for the Treatment of breast cancer.

RECONSTRUCTIVE BREAST SURGERY

Coverage will be provided for all stages of Reconstructive Breast Surgery after a mastectomy including, but not limited to:

1. All stages of reconstruction of the breast on which a mastectomy has been performed;
2. Surgery and reconstruction of the other breast to produce a symmetrical appearance;

3. Prostheses and physical complications of all stages of mastectomy and breast reconstruction, including lymphedemas; and
4. Chemotherapy.

The above treatments must be provided in a manner determined in consultation with the Attending Physician and the Covered Person.

Coverage will be provided for breast prostheses as the result of a mastectomy.

For specific benefits related to postmastectomy care, please refer to that specific Covered Benefit, e.g., *Surgical Services, Hospital Services – Facility and Professional*.

“Mastectomy” means the surgical removal of all or part of a breast.

“Reconstructive breast surgery” means surgery performed as a result of a mastectomy to reestablish symmetry between the breasts. The term includes, but is not limited, to augmentation mammoplasty, reduction mammoplasty, and mastopexy.

We will provide written notice in compliance with the model language of the Women’s Health and Cancer Rights Act of 1998 to a Covered Person of the availability of benefits with respect to the Women’s Health and Cancer Rights Act of 1998 upon enrollment and subsequently on an annual basis.

PREVENTIVE HEALTH CARE SERVICES BENEFIT

Preventive Health Care Services for health care screenings or preventive purposes submitted with a routine diagnosis will be covered at 100% of the Allowable Fee. This means that these Benefits are not subject to the Deductible, Coinsurance, Copayments, or Annual Out-of-Pocket Maximum when services are provided by an In-Network Provider. However, if Preventive Health Care Services are rendered or an established medical condition or by an Out-of-Network Provider, the Preventive Health Care Services provided will be subject to the Deductible, Coinsurance, Copayments, and Annual Out-of-Pocket Maximum

Preventive Health Care Services include, but are not limited to:

1. Services that have an “A” or “B” rating* in the United States Preventive Services Task Force’s current recommendations; and
2. Immunizations recommended by the Advisory Committee of Immunizations Practices of the Centers for Disease Control and Prevention; and
3. Health Resources and Services Administration (HRSA) Guidelines for Preventive Care & Screenings for Infants, Children, Adolescents and Women;
4. Current recommendations of the United States Preventive Service Task Force regarding breast cancer screening, mammography, and prevention issued prior to November 2009; and
5. Any other Preventive Health Care Services required by the federal Affordable Care Act.

Educational training for Preventive Health Care Services that is necessary and prescribed by a Physician will be covered. However, Preauthorization will be required for all prescribed educational training for Preventive Health Care services.

The following are some of the services provided under this Preventive Health Care Services Benefit. Coverage will be provided in accordance with the requirements of the federal Affordable Care Act:

- 1. Blood Pressure Screening.**
- 2. Cancer Screenings.** Coverage for cancer screenings includes, but is not limited to: (a) Breast Cancer Screenings (Mammograms); (b) Colorectal Cancer Screenings; (c) Prostate Cancer Screenings; and (d) any other cancer screenings required by the federal Affordable Care Act.
- 3. Cholesterol Tests.**
- 4. Counseling Services.** Coverage for counseling will be provided on such topics as: (a) quitting smoking; (b) losing weight; (c) eating healthfully; (d) treating depression; (e) reducing alcohol use; and (f) any other counseling services mandated by the federal Affordable Care Act.
- 5. Diabetes Management and Supplies.** Coverage will be provided for Diabetes Self-Management, Equipment and Supplies. Benefits will be payable for outpatient self-management training and education for the treatment of diabetes. Any education must be provided by a Covered Provider with expertise in diabetes.

Benefits will be provided for diabetic equipment and supplies; however, such equipment and supplies are limited to the following: (1) insulin; (2) syringes; (3) injection aids; (4) devices for self-monitoring of glucose levels (including those for the visually impaired); (5) test strips; (6) visual reading and urine test strips; (7) one insulin pump for each warranty period; (8) accessories to insulin pumps; (9) one prescriptive oral agent for controlling blood sugar levels for each class of drug approved by the United States Food and Drug Administration; and (10) glucagon emergency kits. Diabetic equipment and supplies that are payable under the Prescription Drug Benefit will be paid under the Prescription Drug Benefit only.

- 6. Flu and Pneumonia Shots.**
- 7. Healthy Pregnancy Counseling.** Coverage will include, but not limited to, counseling, screening, and vaccines.
- 8. Smoking/Tobacco Cessation.** Coverage will be provided for tobacco cessation interventions for Covered Persons who use tobacco products. Such interventions, which must be recommended by the U.S. Preventive Services Task Force (USPSTF), include:
 - a. Counseling: The following counseling sessions, based on the “5-A” counseling format recommended by the USPSTF, include: (1) A brief one-time counseling session of 10 minutes; or (2) when needed, longer counseling sessions over 10 minutes or multiple counseling sessions; and (3) augmented pregnancy tailored counseling for pregnant women;

- b. Pharmacotherapy: FDA-approved pharmacotherapy, which is a combination therapy with counseling and medication, will be covered. FDA-approved pharmacotherapy includes: (1) nicotine replacement; and (2) therapy sustained-release bupropion and varenicline.
- 9. Vaccinations.** Coverage will be provided for routine vaccinations against diseases such as measles, polio, or meningitis, or other diseases specified for vaccination in the federal Affordable Care Act.
- 10. Well-Baby and Well-Child Care Visits.** Coverage will be provided for regular well-baby and well-child care visits, from birth to age 21, unless otherwise stipulated in the federal Affordable Care Act. Benefits will include, but not limited to, the following: (a) a history; (b) physical examination; (c) developmental assessment; (d) anticipatory guidance; (e) laboratory tests, according to the schedule of visits adopted under the early and periodic screening, diagnosis, and treatment services program provided in the Montana State Medicaid law; (f) routine immunizations according to the schedule for immunizations recommended by the Immunization Practices Advisory Committee of the U.S. Department of Health and Human Services or as recommended by the American Committee on Immunization Practices.

Services for Well-Baby and Well-Child Care:

- a. Must be provided by a Physician or other Covered Provider supervised by a Physician; and
 - b. Will be limited to one visit payable to one provider for all of the services provided at each visit.
- “Developmental assessment” and “anticipatory guidance “ mean the services described in the Guidelines for Health Supervision II, published by the American Academy of Pediatrics.

For more detailed information on Preventive Health Care Services, contact Customer Service at the telephone number or website shown on page 2, Important Information.

PROSTHETIC DEVICES (NON-DENTAL)

Coverage will be provided for appropriate non-dental prosthetic devices used to replace a body part missing because of an Accident, Injury or Illness. Such non-dental prosthetic devices include: (1) artificial limbs; (2) eyes; or (3) other prosthetic appliances. Replacement of such devices will be covered only if: (1) functionally necessary; or (2) as required by a change in the Covered Person’s physical structure.

When placement of a prosthesis is part of a surgical procedure, it will be paid under the Surgery Services benefit.

Payment for deluxe prosthetics and computerized limbs will be based on the Allowable Fee for a standard prosthesis.

No benefits will be paid for:

1. Computer-assisted communication devices; and
2. Replacement of lost or stolen prosthesis.

Preauthorization is recommended for the original purchase or replacement of prosthetics over \$500. Please refer to Section 7, Utilization Review Management Program.

Note: The prosthesis will not be considered a replacement if the prosthesis no longer needs the medical needs of the Covered Person due to physical changes or a deteriorating medical condition.

RADIATION THERAPY SERVICES

Coverage will be provided for these services which include:

1. Chemotherapy. Coverage includes the use of drugs to approved for use in humans by the U.S. Food and Drug Administration (FDA);
2. X-rays;
3. Radium therapy; and
4. Radioactive isotope therapy;

for the treatment of benign or malignant disease conditions. All Radiation Therapy Services must be prescribed by the Attending Physician and performed by a Covered Provider for the treatment of disease.

REHABILITATION – FACILITY AND PROFESSIONAL SERVICES

Benefits will be payable for Rehabilitation Therapy and other covered services, as provided in this Covered Benefit, that are billed by a Rehabilitation Facility provider or a Professional Provider.

Coverage will be provided for services and devices required for rehabilitative care when prescribed by a Physician to improve, maintain or restore the Covered Person to the Covered Person's best possible physical functional level due to an Illness or Injury.

No benefits will be payable when the primary reason for Rehabilitation is any one of the following:

1. Custodial care;
2. Diagnostic admissions;
3. Maintenance, nonmedical self-help, or vocational educational therapy;

4. Social or cultural rehabilitation;
5. Learning and developmental disabilities; and
6. Visual, speech, or auditory disorders because of learning and developmental disabilities.

Benefits will not be provided under this Rehabilitation benefit for treatment of Chemical Dependency or Mental Illness as provided under the Chemical Dependency and Mental Illness benefits provided under this Group Policy.

Benefits will be provided for services, supplies and other items that are within the scope of this Rehabilitation benefit as described in this Rehabilitation benefit only as provided in and subject to the terms, conditions and limitations applicable to this Rehabilitation benefit and other applicable terms, conditions and limitations of this Group Policy. Other Covered Benefit provisions of this Group Policy, such as but not limited to Hospital Services, do not include benefits for any services, supplies or items that are within the scope of this Rehabilitation benefit as provided in this Rehabilitation benefit.

REHABILITATION FACILITY INPATIENT CARE SERVICES BILLED BY A FACILITY PROVIDER

Benefits will be payable for the following services when the Covered Person receives Rehabilitation Inpatient Care and billed by the Rehabilitation Facility:

1. Room and Board Accommodations. Such room and board accommodations include, but are not limited to: (a) dietary and general; and (b) medical and rehabilitation nursing services.
2. Miscellaneous Rehabilitation Facility Services (whether or not such services are Rehabilitation Therapy or are general, medical or other services provided by the Rehabilitation Facility during the Covered Person's admission), including but not limited to:
 - a. Rehabilitation Therapy services and supplies, including but not limited to: (1) Physical Therapy; (2) Occupational Therapy; and (3) Speech Therapy.
 - b. Laboratory procedures;
 - c. Diagnostic testing;
 - d. Pulmonary services and supplies, including but not limited to: (1) oxygen; and (2) use of equipment for its administration;
 - e. X-rays and other radiology;
 - f. Intravenous injections and setups for intravenous solutions;
 - g. Special diets when Medically Necessary;
 - h. Operating room, recovery room;
 - i. Anesthetic and surgical supplies;

- j. Drugs and medicines which:
 - 1) Are approved for use in humans by the U.S. Food and Drug Administration for the specific diagnosis for which they are prescribed;
 - 2) Are listed in the American Medical Association Drug Evaluation, Physicians' Desk Reference, or Drug Facts and Comparisons; and
 - 3) Require a Physician's written prescription.
- 3. Rehabilitation Facility Inpatient Care Services do not include services, supplies or other items for any period during which the Covered Person is absent from the Rehabilitation Facility for purposes not related to rehabilitation, including, but not limited to, intervening Inpatient admissions to an acute care Hospital. Preauthorization is recommended for Rehabilitation Facility Inpatient Care. Refer to Section 6, Utilization Review Management Program.

“Rehabilitation Facility” means a facility, or a designated unit of a facility, licensed, certified or accredited to provide Rehabilitation Therapy including:

- 1. A facility that primarily provides Rehabilitation Therapy, regardless of whether the facility is also licensed as a Hospital or other facility type;
- 2. A freestanding facility or facility associated with or located within a Hospital or other facility;
- 3. A designated rehabilitation unit of a Hospital;
- 4. For purposes of the Rehabilitation Therapy Benefit, any facility providing Rehabilitation Therapy to a Covered Person, regardless of the category of facility licensure.

“Rehabilitation Therapy” means a specialized, intense and comprehensive program of therapies and treatment services (including but not limited to Physical Therapy, Occupational Therapy, and Speech Therapy) provided by a Multidisciplinary Team for treatment of an Injury or physical deficit. A Rehabilitation Therapy program is:

- 1. Provided by a Rehabilitation Facility in an Inpatient Care or Outpatient setting;
- 2. Provided under the direction of a qualified Physician and according to a formal written treatment plan with specific goals;
- 3. Designed to restore the patient's maximum function and independence; and
- 4. Medically Necessary to improve or restore bodily function and the Covered Person must continue to show measurable progress.

Rehabilitation Facility Inpatient Care is subject to the following conditions:

- 1. The Covered Person will be responsible to the Rehabilitation Facility for payment of the Facility's charges if the Covered Person remains as an Inpatient when Rehabilitation Facility Inpatient Care is not Medically Necessary. No benefits will be provided for a bed reserved for the Covered Person.

2. The term “Rehabilitation Facility” does not include:
- a. A Hospital when the Covered Person is admitted to a general medical, surgical or specialty floor or unit (other than a rehabilitation unit) for acute Hospital care, even though rehabilitation services are or may be provided as a part of acute care;
 - b. A nursing home;
 - c. A rest home;
 - d. Hospice;
 - e. A skilled nursing facility;
 - f. A Convalescent Home;
 - g. A place for care and treatment of Chemical Dependency;
 - h. A place for treatment of Mental Illness;
 - i. A long-term, chronic-care institution or facility providing the type of care listed above in this subparagraph.

REHABILITATION FACILITY INPATIENT CARE SERVICES BILLED BY A PROFESSIONAL PROVIDER

Coverage will be provided for all Professional services provided by a Covered Provider who is a physiatrist or other Physician directing the Covered Person’s Rehabilitation Therapy. Such professional services include: (1) care planning and review; (2) patient visits and examinations; (3) consultation with other Physicians, nurses or staff; and (4) all other professional services provided with respect to the Covered Person. Professional services provided by other Covered Providers (i.e., who are not the Physician directing the Covered Person’s Rehabilitation Therapy) are not included in this Rehabilitation benefit, but are included to the extent provided in and subject to the terms, conditions and limitations of other Covered Benefits under this Group Policy.

OUTPATIENT REHABILITATION SERVICES

Coverage will be provided for Rehabilitation Therapy provided on an outpatient basis by a Facility or Professional Provider.

SEVERE MENTAL ILLNESS BENEFIT

Coverage will be provided for the necessary care and treatment of Severe Mental Illness that is no less favorable than the level of benefits provided for other physical Illnesses under this Group Policy. Benefits will include, but are not limited to:

1. Inpatient Care services, Outpatient services, Rehabilitation services, and medications for the treatment of Severe Mental Illness.
2. Services provided by: (a) a licensed Physician; (b) a licensed Advanced Practice Registered Nurse with a specialty in mental health; (c) a licensed social worker; (d) a licensed psychologist; or (e) a licensed professional counselor when those services are part of a treatment plan recommended and authorized by a licensed Physician; and
3. Services provided by a licensed Advanced Practice Registered Nurse with prescriptive authority and specializing in mental health.

“Severe mental illness” means the following disorders as defined by the American Psychiatric Association: (1) schizophrenia; (2) schizoaffective disorder; (3) bipolar disorder; (4) major depression; (5) panic disorder; (6) obsessive-compulsive disorder; and (7) autism.

SURGICAL SERVICES

Coverage will be provided for Medically Necessary surgical procedures performed by a Physician in a Hospital or a licensed surgical facility. Preauthorization is required for all surgeries.

SURGICAL SERVICES BILLED BY A PROFESSIONAL PROVIDER

Services by a professional provider for surgical procedures and the care of fractures and dislocations performed in an Outpatient or inpatient setting, including the usual care before and after surgery. The charge for a surgical suite outside of the Hospital is included in the Allowable Fee for the surgery.

SURGICAL SERVICES BILLED BY AN OUTPATIENT SURGICAL FACILITY OR FREESTANDING SURGERYCENTERS

Services of a surgical facility or freestanding (surgery centers) licensed, or certified for Medicare, by the state in which it is located and have an effective peer review program to assure quality and appropriate patient care. The surgical procedure performed in a surgical facility or freestanding (surgery centers) is recognized as a procedure which can be safely and effectively performed in an Outpatient setting.

This Group Policy will pay for a Recovery Care Bed when Medically Necessary and provided for less than 24 hours. Payment will not exceed the semiprivate room rate that would be billed for an Inpatient stay.

SURGICAL SERVICES BILLED BY A HOSPITAL (INPATIENT AND OUTPATIENT)

Coverage will be provided for services provided by a Hospital for surgical procedures and the care of fractures and dislocations performed in an Outpatient or Inpatient setting, including the usual care before and after surgery.

THERAPEUTIC SERVICES – OUTPATIENT

Coverage will be provided for the following Outpatient therapeutic services: (1) Physical Therapy; (2) Speech Therapy; (3) Cardiac Therapy; (4) Occupational Therapy; and (5) Rehabilitation Therapy.

Therapeutic Services must be prescribed by a Physician. The therapist providing the services must be licensed or certified in the state in which services are provided. Preauthorization is recommended for Outpatient Therapeutic Services; refer to *Section 6, Utilization Review Management Program*.

Therapeutic Services must be to aid the Covered Person in the restoration of normal physical function that the Covered Person once had, but later loss.

TRANSPLANT BENEFITS

Coverage will be provided for Medically Necessary nonexperimental transplants for the following: (a) kidney; (b) pancreas; (c) heart; (d) heart/lung; (e) single lung; (f) double lung; (g) liver; (h) cornea; (i) bone marrow/stem cell; (j) small bowel transplant; (k) simultaneous pancreas/kidney; and (l) renal transplant. Preauthorization is required for organ transplants; refer to *Section 6, Utilization Review Management Program*.

If We have contracts with any Centers of Excellence that provide Transplant services, We may recommend that the Centers of Excellence be used for certain Transplants because of the quality of the outcomes of these procedures.

Covered Benefits include the following when provided by the approved Institute of Excellence:

1. Organ procurement including transportation of the surgical/harvesting team, surgical removal of the donor organ, evaluation of the donor organ and the transportation of the donor or donor organ to the location of the transplant operation.
2. Donor services, including the pre-operative services, transplant related diagnostic lab and x-ray services, and the transplant surgery hospitalization. Transplant related services are covered for up to six months after the transplant surgery.
3. Hospital Inpatient Care.
4. Surgical services.
5. Anesthesia.
6. Professional Covered Providers and diagnostic Outpatient services.
7. Licensed ambulance travel or commercial air travel for the Covered Person receiving the Transplant to the nearest Hospital with appropriate facilities.

Benefits will be payable subject to the following conditions:

1. When both the transplant recipient and donor are members, both will receive benefits.
2. When the transplant recipient is a Covered Person and the donor is not, both will receive benefits to the extent that benefits for the donor are not provided under other hospitalization coverage.
3. When the transplant recipient is not a Covered Person and the donor is a Covered Person, the donor will receive benefits to the extent that benefits are not provided to the donor by hospitalization coverage of the transplant recipient.

No benefits will be payable for:

1. Experimental or investigational procedures;
2. Transplants of a nonhuman organ or artificial organ transplant; and
3. Donor searches.

VISION CARE BENEFIT – PEDIATRIC VISION CARE SERVICES

Coverage will be provided for vision care services for Covered Dependent Children under age 19. Vision Care services and the vision care Participating Provider Network used for this benefit are administered by VSP as shown on page 2, *Important Information*. A directory listing of the VSP Participating Providers can be obtained from the VSP website, or the Covered Person contacts VSP by telephone or mail; the VSP contact information is shown on page 2.

Benefits will be provided for the covered services shown in the Schedule of Benefits for the stated frequency of services. The frequency of service for each covered service is once every 12 months, unless otherwise stated in the Schedule of Benefits.

The Covered Person may choose either eyeglasses or contact lenses during any Calendar Year; however, no benefits will be provided for both eyeglasses and contact lenses during the same Calendar Year period. Benefits payable under this Pediatric Vision Care Program benefit are subject to the terms, conditions, exclusions, limitations outlined in this Covered Benefit and this Group Policy.

EYE EXAMINATIONS

Benefits will be provided for one eye examination for each eligible Covered Dependent Child during the Calendar Year. The eye examination may be for one of the following: (1) eyeglasses; (2) contact lenses; or (3) for both eyeglasses and contact lenses during one examination. No benefits will be payable for another eye examination performed during the Calendar Year. No benefits will be payable for separate eye examinations for eyeglasses and contact lenses during the Calendar Year.

VISION CARE MATERIALS: EYEGLASS LENSES, COATINGS, AND FRAMES

Benefits will be provided for: (1) eyeglass lenses; (2) eyeglass coatings; and (3) eyeglass frames. The benefits payable are shown in the Schedule of Benefits.

The frame selection covered under this Vision Care benefit will be from a Pediatric Exchange Collection at the Physician's office.

CONTACT LENSES

In lieu of eyeglasses, the Covered Person may elect to receive Vision Care Materials for contact lenses as shown in the Schedule of Benefits. Either eyeglasses or contact lenses may be elected during the Calendar Year, but not both.

Benefits are payable for Necessary Contact Lenses for Covered Persons who have specific conditions for which contact lenses provide better visual correction. The Necessary Contact Lenses must be recommended and prescribed by the Vision Physician.

The following service limitations apply to In-Network benefits for Contact Lenses:

1. Standard (one pair of contact lenses per Calendar Year): Benefits are limited to one (1) contact lens per eye (total 2 lenses);
2. Monthly (six-month supply): Benefits are limited to six (6) lenses per eye (total 12 lenses);
3. Bi-weekly (3 month supply): Benefits are limited to six (6) lenses per eye (total 12 lenses); and
4. Dailies (one month supply): Benefits are limited to thirty (30) lenses per eye (total 60 lenses).

The following items are not covered under this contact lens benefit provision:

1. Other insurance policies or service agreements;
2. Artistically painted or non-prescription lenses;
3. Additional office visits for contact lens pathology;
4. Contact lens modification, polishing or cleaning; and
5. Orthoptics, vision training, supplemental testing.

PAYMENT OF BENEFITS

Benefits will be paid as shown in the Schedule of Benefits.

When services are received from an In-Network Provider, the benefits are fully covered at no cost to the Covered Person. Therefore, no claims have to be submitted to Us or VSP. The Participating Provider will not require payment for the Vision Care services provided to the Covered Dependent Child.

When services are received from an Out-of-Network Provider, the Covered Person will be responsible for paying the difference between the benefit payable under this Vision Care benefit and the amount billed by the Out-of-Network Provider. The Covered Person will have to submit a claim to VSP to obtain reimbursement for any amount the Covered Person pays that is covered under this Vision Care benefit.

CLAIMS AND APPEALS FOR DENIED CLAIMS

VSP will pay or deny claims within thirty (30) calendar days of the receipt of the claim from the Covered Person or Covered Person's authorized representative. In the event that a claim cannot be resolved within the time indicated, VSP may, if necessary, extend the time for decision by no more than fifteen (15) calendar days.

Denial of Preauthorization Requests. If VSP denies the Physician's request for Preauthorization, the Physician, the Covered Person or the Covered Person's authorized representative may request an appeal the denial. Please refer to the "Claim Appeals" provision below, for details on how to request an appeal. VSP will provide the requestor with a final review determination within thirty (30) calendar days from the date the request is received. A second level appeal, and other remedies as described below, is also available. VSP will resolve any second level appeal within thirty (30) calendar days. The Covered Person may designate any person, including the provider, as the Covered Person's authorized representative.

Request for Appeals: If the Covered Dependent Child's claim for benefits is denied by VSP in whole or in part, VSP will notify the Covered Person in writing of the reason or reasons for the denial. Within one hundred eighty (180) days after receipt of such notice of denial of a claim, the Covered Person may make a verbal or written request to VSP for a full review of such denial. The request should contain sufficient information to identify the Covered [Employee] and the Covered Dependent Child for whom a claim for benefits was denied, including: (1) the Covered Person's VSP Member Identification Number; (2) the Covered Dependent Child's name and date of birth; (3) the name of the provider of services; and (4) the claim number. The Covered [Employee] may state the reasons the Covered [Employee] believes that the claim denial was in error. The Covered [Employee] may also provide any pertinent documents to be reviewed. VSP will review the claim and give the Covered [Employee] the opportunity to: (1) review pertinent documents; (2) submit any statements, documents, or written arguments in support of the claim; and (3) appear personally to present materials or arguments. The Covered [Employee] or the Covered [Employee's] authorized representative should submit all requests for appeals to VSP.

VSP contact information for claims is shown on page 2, Important Information.

EXCLUSIONS AND LIMITATIONS

The following exclusions and limitations apply only to this Pediatric Vision Care benefit. No coverage will be provided under this Vision Care benefit for:

1. The purchase of two pairs of glasses instead of bifocals. Only one pair of glasses are payable under this Vision Care benefit per Calendar Year.
2. Replacement of lenses, frames or contacts.
3. Medical or surgical treatment.
4. Orthoptics or vision training and any associated supplemental testing; plano lenses (less than $\pm .50$ diopter power); or two pair of glasses in lieu of bifocals.
5. Replacement of lenses and frames furnished under This Plan which are lost or broken except at the normal intervals when services are otherwise available.
6. Medical or surgical treatment of the eyes.
7. Corrective vision treatment of an Experimental Nature.
8. Costs for services and/or materials above the benefits payable for the Covered Vision Care services.
9. Services or materials not indicated as Covered Vision Care benefit.

WELL-CHILD CARE

Coverage will be provided for Well-Child Care for Covered Dependent Children under age eight (8) provided by a Physician or a health care professional supervised by a Physician. Coverage will include the following:

1. Histories;
2. Physical examinations;
3. Developmental assessments;
4. Anticipatory guidance;
5. Laboratory tests; and
6. Routine immunizations.

WELLNESS SERVICES

Coverage will be provided for Wellness Services. Benefits include, but are not limited to, the following: (a) Smoking Cessation; (b) Weight Management; (c) Stress Management; (d) Nutrition and Exercise; or (e) any other Wellness Service mandated by the federal Affordable Care Act.

SECTION 6 – UTILIZATION REVIEW MANAGEMENT PROGRAM

Our Utilization Review Management Program is administered by Altius Health Plans Inc. Our Utilization Review Management Program provides for Prospective Utilization Review to assure that certain prescribed Treatments and elective procedures are Medically Necessary and appropriate.

Prospective Utilization Review requires the Covered Person to obtain Preauthorization for certain prescribed Treatments and elective procedures before the Treatments and procedures are rendered. The Covered Person must contact the Utilization Review Management Program representative to obtain the Preauthorizations. The Utilization Review Management Program representative is shown on page 2, *Important Information*.

HOW TO USE THE UTILIZATION REVIEW PROGRAM

To use the Utilization Review Management Program, the Covered Person need only to call the Customer Service toll-free telephone number listed on page 2, *Important Information*. The Covered Person may have the Covered Person's representative place the call. A representative may be the Physician, the Covered Facility, or the Covered Person's authorized representative (e.g., family member). The Utilization Review Management Program representative will give the individual who calls a reference number to verify that the call has been received and a file started.

The individual who calls the Utilization Review Management Program will need to provide the following information:

1. The name and social security number of the Covered Person for whom Treatment has been prescribed and requires Preauthorization;
2. The Covered [Employee's] name and this Group Policy's Policy Number which is shown in the Schedule of Benefits.
3. The name and telephone number of the attending Physician;
4. The name of the Covered Facility where the Covered Person will be admitted, if applicable;
5. The proposed date of admission, if applicable; and
6. The proposed Treatment.

PLEASE NOTE: Authorization by the Utilization Review Management Program representative does not verify a Covered Person's eligibility for coverage under this Group Policy, nor is it a guarantee that benefits will be paid for a proposed Treatment. Benefit payment will be made for a Covered Person only in accordance with all the terms and

conditions of this Group Policy.

This Utilization Review Management Program does not include:

1. Routine claim administration; or
2. Determination that does not include determinations of Medical Necessity or appropriateness.

PLAN NOTIFICATION

Plan Notification is recommended for any Inpatient admission, including admissions to a Hospital, Chemical Dependency Treatment Center, Mental Illness Treatment Center, Chemical Dependency or psychiatric residential treatment facility, intensive Outpatient programs, or other medical procedures or services, (or as may be noted for a Covered Benefit), as soon as the Covered Provider recommends or schedules to allow the Utilization Review Management Program to begin working with the Covered Person on the benefit management for the service. Plan Notification is requires contacting the Utilization Review Management Program in writing or by telephone.

MEDICAL TREATMENTS REQUIRING PREAUTHORIZATION

Preauthorization must be obtained for:

1. Benefits that specify that Preauthorization is required; and
2. Procedures listed in the Preauthorization Medical Treatments List.

PREAUTHORIZATION MEDICAL TREATMENT LIST

The following medical Treatments require Preauthorization:

- Brachytherapy
- Capsule endoscopy
- Cardiac nuclear medicine scans
- Chiropractic services (after initial consultation)
- Cochlear implants
- Cognitive function testing, psychological testing, and behavioral assessment
- Computed Tomography Angiograms (CTA) and Magnetic Resonance
- Angiograms (MRA)
- Durable medical equipment (DME), including prosthetics, orthotics and corrective appliances
- Eyeglasses and contact lenses (after cataract surgery, or for other covered conditions as specified in the medical benefits brochure)

- Health education services
- Home health care
- Home infusion services
- Hospice services (inpatient and outpatient)
- Hyperbaric oxygen therapy services
- Implantable medications and devices
- Inpatient rehabilitation admissions
- Intima media thickness testing (IMT)
- Intraoperative electrophysiological monitoring
- Joint Replacements
- Magnetoencephalography (MEG)
- Medical coverage of dental services
- Mental health/substance abuse services.
- Neuropsychological testing
- Occupational therapy, including evaluation
- Orthotics, prosthetics and corrective appliances
- Outpatient facility or office surgeries and procedures
 - Abortion
 - Arthrodesis
 - Breast surgery
 - Cardiac Septum defects
 - Cardiac Septum defect closure
 - Circumcision (non-newborn)
 - Gastric restrictive procedures
 - Grafts
 - Jaw surgeries, including TMJ
 - Oculoplastic procedures
 - Ophthalmological surgery
 - Oral Surgery
 - Salivary gland procedures

- Salivary gland procedures
- Spinal surgeries
- Sympathectomy
- Umbilical hernia repair (members less than one year old)
- Uvulopalatopharyngoplasty
- Vein surgery
- Pain management services
- Physical therapy, including evaluation
- Plastic surgery and related procedures (cosmetic procedures, acne surgery, and similar)
- Proton beam therapy
- Positron-emission tomography (PET) scans
- Skilled nursing facility admissions
- Sleep studies
- Speech therapy, including evaluation
- Telemedicine services
- Three-dimension imaging
- Transplants, including initial evaluation and donor testing
- Transportation (non-urgent)

UTILIZATION REVIEW PROCESS

When the Utilization Review Management Program representative conducts Utilization Reviews, the Utilization Review will include the following provision.

UTILIZATION REVIEW FOR MENTAL HEALTH TREATMENT

When Utilization Review is conducted for outpatient mental health Treatment, the Utilization Review Management Program representative will only request information that is relevant to the payment of the claim.

When a Utilization Review requires disclosure of personal information regarding the patient or client, including:

1. Personal and family history; or

2. Current and diagnosis of a mental disorder;

the identity of that individual will be concealed from anyone having access to that information in order that the patient or client may remain anonymous.

Request for Information

The Utilization Review Management Program representative may request only information that is relevant to the payment of a claim for Utilization Review of Outpatient mental health treatment.

DISCLOSURE OF PERSONAL INFORMATION

When a Utilization Review requires disclosure of personal information regarding the patient or client, including:

1. Personal and family history; or
2. Current and past diagnosis of a mental disorder;

the Utilization Review Management Program representative will conceal the identity of that individual from anyone having access to that information in order that the patient or client may remain anonymous.

DETERMINATIONS MADE ON APPEAL OR RECONSIDERATION

An Utilization Review determination that is:

1. Made on appeal or reconsideration; and
2. Adverse to a patient or to an affected health care provider;

may not be made on a question relating to the necessity or appropriateness of a health care Treatment without prior written findings, evaluation, and concurrence in the Adverse Determination by a health care professional trained in the relevant area of health care. Copies of the written findings, evaluation, and concurrence will be provided to the patient upon the Covered Person's written request to the Utilization Review Management Program within thirty (30) days of determination.

A determination made on appeal or reconsideration that health care Treatment rendered or to be rendered are medically inappropriate may not be made unless the health care professional performing the utilization review has made a reasonable attempt to consult with the patient's attending health care provider concerning the necessity or appropriateness of the health care Treatment.

Also, refer to the Complaints, Grievances and Appeals provision, in Section 9, regarding appeals for adverse determinations.

SECTION 7 – COORDINATION OF BENEFITS

This Coordination of Benefits (COB) provision applies when the Covered Person has health care coverage under more than one Plan. Plan is defined below.

The order of benefit determination rules govern the order in which each Plan will pay a claim for benefits. The Plan that pays first is called the Primary Plan. The Primary Plan must pay benefits in accordance with its policy terms without regard to the possibility that another Plan may cover some expenses. The Plan that pays after the Primary Plan is the Secondary Plan. The Secondary Plan may reduce the benefits it pays so that payments from all Plans do not exceed 100% of the total allowable expense.

DEFINITIONS

- A. A Plan is any of the following that provides benefits or services for medical or dental care or treatment. If separate contracts are used to provide coordinated coverage for members of a group, the separate contracts are considered parts of the same plan and there is no COB among those separate contracts.
 - 1) “Plan” includes: group and nongroup health insurance contracts, health maintenance organization (HMO) contracts, Closed Panel Plans or other forms of group or group type coverage (whether insured or uninsured); medical care components of long-term care contracts, such as skilled nursing care; and Medicare or any other federal governmental plan, as permitted by law.
 - 2) “Plan” does not include: hospital indemnity coverage or other fixed indemnity coverage; accident only coverage; specified disease or specified accident coverage; limited benefit health coverage, if determined by the commissioner to be “excepted benefits” as defined in 33-22-140, MCA; school accident type coverage; benefits for nonmedical components of long-term care policies; Medicare supplement policies; Medicaid policies; or coverage under other federal governmental plans, unless permitted by law.

Each contract for coverage under (1) or (2) is a separate Plan. If a Plan has two parts and COB rules apply only to one of the two, each of the parts is treated as a separate Plan.

- B. “This Plan” means, in a COB provision, the part of the contract providing the health care benefits to which the COB provision applies and which may be reduced because of the benefits of other Plans. Any other part of the contract providing health care benefits is separate from This Plan. A contract may apply one COB provision to certain benefits, such as dental benefits, coordinating only with similar benefits, and may apply another COB provision to coordinate other benefits.

- C. The order of benefit determination rules determine whether This Plan is a Primary Plan or Secondary Plan when the person has health care coverage under more than one Plan.

When This Plan is Primary, it determines payment for its benefits first before those of any other Plan without considering any other Plan's benefits. When This Plan is secondary, it determines its benefits after those of another Plan and may reduce the benefits it pays so that all Plan benefits do not exceed 100% of the total Allowable expense.

- D. Allowable expense is a health care expense, including deductibles, coinsurance and copayments, that is covered at least in part by any Plan covering the person. When a Plan provides benefits in the form of services, the reasonable cash value of each service will be considered an Allowable Expense and a benefit paid. An expense that is not covered by any Plan covering the person is not an Allowable Expense. In addition, any expense that a provider by law or in accordance with a contractual agreement is prohibited from charging a Covered Person is not an Allowable expense.

The following are examples of expenses that are not Allowable expenses:

- 1) The difference between the cost of a semi-private hospital room and a private hospital room is not an Allowable expense, unless one of the Plans provides coverage for private hospital room expenses.
- 2) If a person is covered by two or more Plans that compute their benefit payments on the basis of usual and customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology, any amount in excess of the highest reimbursement amount for a specific benefit is not an Allowable expense.
- 3) If a person is covered by two or more Plans that provide benefits or services on the basis of negotiated fees, an amount in excess of the highest of the negotiated fees is not an Allowable expense.
- 4) If a person is covered by one Plan that calculates its benefits or services on the basis of usual and customary fees or relative value schedule reimbursement methodology or other similar reimbursement methodology and another Plan that provides its benefits or services on the basis of negotiated fees, the Primary Plan's payment arrangement shall be the Allowable expense for all Plans. However, if the provider has contracted with the Secondary plan to provide the benefit or service for a specific negotiated fee or payment amount that is different than the Primary Plan's payment arrangement and if the provider's contract permits, the negotiated fee or payment shall be the Allowable expense used by the Secondary Plan to determine its benefits.
- 5) The amount of any benefit reduction by the Primary Plan because a covered person has failed to comply with the Plan provisions is not an Allowable Expense. Examples of these types of plan provisions include second surgical opinions, precertification of admissions, and preferred provider arrangements.

- E. Closed Panel Plan is a Plan that provides health care benefits to covered persons primarily in the form of services through a panel of providers that have contracted with or are employed by the Plan, and that excludes coverage for services provided by other providers, except in cases of emergency or referral by a panel member.
- F. Custodial parent is the parent awarded custody by a court decree or, in the absence of a court decree, is the parent with whom the child resides more than one half of the calendar year excluding any temporary visitation.

ORDER OF BENEFIT DETERMINATION RULES

When a person is covered by two or more Plans, the rules for determining the order of benefit payments are as follows:

- A. The Primary plan pays or provides its benefits according to its terms of coverage and without regard to the benefits of under any other Plan.
- B.
 - 1) (1) Except as provided in Paragraph (2), a Plan that does not contain a coordination of benefits provision that is consistent with this regulation is always primary unless the provisions of both Plans state that the complying plan is primary.
 - 2) Coverage that is obtained by virtue of membership in a group that is designed to supplement a part of a basic package of benefits and provides that this supplementary coverage shall be excess to any other parts of the Plan provided by the contract holder. Examples of these types of situations are major medical coverages that are superimposed over base plan hospital and surgical benefits, and insurance type coverages that are written in connection with a Closed Panel plan to provide Out-of-Network benefits.
- C. A Plan may consider the benefits paid or provided by another Plan in calculating payment of its benefits only when it is secondary to that other Plan.
- D. Each Plan determines its order of benefits using the first of the following rules that apply:
 - 1) Non-Dependent or Dependent. The Plan that covers the person other than as a dependent, for example as an [Employee], member, policyholder, subscriber or retiree is the Primary plan and the Plan that covers the person as a dependent is the Secondary plan. However, if the person is a Medicare beneficiary and, as a result of federal law, Medicare is secondary to the Plan covering the person as a dependent; and primary to the Plan covering the person as other than a dependent (e.g. a retired [Employee]); then the order of benefits between the two Plans is reversed so that the Plan covering the person as an [Employee], member, policyholder, subscriber or retiree is the Secondary plan and the other Plan is the Primary plan.

- 2) **Dependent Child Covered Under More Than One Plan.** Unless there is a court decree stating otherwise, when a dependent child is covered by more than one Plan the order of benefits is determined as follows:
 - a. For a dependent child whose parents are married or are living together, whether or not they have ever been married:
 - The Plan of the parent whose birthday falls earlier in the calendar year is the **Primary Plan**; or
 - If both parents have the same birthday, the Plan that has covered the parent the longest is the **Primary Plan**.
 - b. For a dependent child whose parents are divorced or separated or not living together, whether or not they have ever been married:
 - i. If a court decree states that one of the parents is responsible for the dependent child's health care expenses or health care coverage and the Plan of that parent has actual knowledge of those terms, that Plan is primary. This rule applies to plan years commencing after the Plan is given notice of the court decree;
 - ii. If a court decree states that both parents are responsible for the dependent child's health care expenses or health care coverage, the provisions of (a) above shall determine the order of benefits;
 - iii. If a court decree states that the parents have joint custody without specifying that one parent has responsibility for the health care expenses or health care coverage of the dependent child, the provisions of (a) above shall determine the order of benefits; or
 - iv. If there is no court decree allocating responsibility for the dependent child's health care expenses or health care coverage, the order of benefits for the child are as follows:
 - The **Plan** covering the **Custodial parent**;
 - The **Plan** covering the spouse of the **Custodial parent**;
 - The **Plan** covering the **non-custodial parent**; and then
 - The **Plan** covering the spouse of the **non-custodial parent**.
 - c. For a dependent child covered under more than one **Plan** of individuals who are the parents of the child, the provisions of (a) or (b) above shall determine the order of benefits as if those individuals were the parents of the child.
- 3) **Active [Employee] or Retired or Laid-off [Employee].** The **Plan** that covers a person as an active [Employee], that is, an [Employee] who is neither laid off nor retired, is the **Primary Plan**. The **Plan** covering that same person as a retired or laid-off [Employee] is the **Secondary Plan**. The same would hold true if a person

is a dependent of an active [Employee] and that same person is a dependent of a retired or laid-off [Employee]. If the other **Plan** does not have this rule, and as a result, the **Plans** do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D(1) can determine the order of benefits.

- 4) **COBRA or State Continuation Coverage.** If a person whose coverage is provided pursuant to COBRA or under a right of continuation provided by state or other federal law is covered under another **Plan**, the **Plan** covering the person as an [Employee], member, subscriber or retiree or covering the person as a dependent of an [Employee], member, subscriber or retiree is the **Primary Plan** and the COBRA or state or other federal continuation coverage is the **Secondary Plan**. If the other **Plan** does not have this rule, and as a result, the **Plans** do not agree on the order of benefits, this rule is ignored. This rule does not apply if the rule labeled D.(1) can determine the order of benefits.
- 5) **Longer or Shorter Length of Coverage.** The **Plan** that covered the person as an [Employee], member, policyholder, subscriber or retiree longer is the **Primary Plan** and the **Plan** that covered the person the shorter period of time is the **Secondary Plan**.
- 6) If the preceding rules do not determine the order of benefits, the **Allowable Expenses** shall be shared equally between the **Plans** meeting the definition of **Plan**. In addition, **This Plan** will not pay more than it would have paid had it been the **Primary Plan**.

EFFECT ON THE BENEFITS OF THIS PLAN

- A. When **This Plan** is secondary, it may reduce its benefits so that the total benefits paid or provided by all **Plans** during a plan year are not more than the total **Allowable Expenses**. In determining the amount to be paid for any claim, the **Secondary Plan** will calculate the benefits it would have paid in the absence of other health care coverage and apply that calculated amount to any **Allowable Expense** under its **Plan** that is unpaid by the **Primary Plan**. The **Secondary Plan** may then reduce its payment by the amount so that, when combined with the amount paid by the **Primary plan**, the total benefits paid or provided by all **Plans** for the claim do not exceed the total **Allowable Expense** for that claim. In addition, the **Secondary Plan** shall credit to its plan deductible any amounts it would have credited to its deductible in the absence of other healthcare coverage.
- B. If a covered person is enrolled in two or more **Closed Panel Plans** and if, for any reason, including the provision of service by a non-panel provider, benefits are not payable by one **Closed Panel Plan**, COB shall not apply between that **Plan** and other **Closed Panel Plans**.

RIGHT TO RECEIVE AND RELEASE NEEDED INFORMATION

Certain facts about health care coverage and services are needed to apply these **COB** rules and to determine benefits payable under **This Plan** and other **Plans**. Our Claims Administrator may get the facts it needs from or give them to other organizations or persons for the purpose of applying these rules and determining benefits payable under **This Plan** and other **Plans** covering the person claiming benefits. Our Claims Administrator need not tell, or get the consent of, any person to do this. Each person claiming benefits under This Plan must give Our Claims Administrator any facts it needs to apply those rules and determine benefits payable.

FACILITY OF PAYMENT

A payment made under another **Plan** may include an amount that should have been paid under **This Plan**. If it does, Our Claims Administrator may pay that amount to the organization that made that payment. That amount will then be treated as though it were a benefit paid under **This Plan**. Our Claims Administrator will not have to pay that amount again. The term “payment made” includes providing benefits in the form of services, in which case “payment made” means the reasonable cash value of the benefits provided in the form of services.

RIGHT OF RECOVERY

If the amount of the payments made by Us is more than We should have paid under this **COB** provision, We may recover the excess from one or more of the persons We have paid or for whom We have paid; or any other person or organization that may be responsible for the benefits or services provided for the covered person. The “amount of the payments made” includes the reasonable cash value of any benefits provided in the form of services.

SECTION 8 – EXCLUSIONS AND LIMITATIONS

All benefits provided under this Group Policy are subject to the exclusions and limitations in this Section and as stated under Section 5, Covered Benefits. No benefits will be paid under this Group Policy that are incurred by or results from any of the following.

1. Sanitarium care, custodial care, rest cures, custodial care or convalescent care to help the Covered Person with daily living tasks. Such tasks include, but limited to, the following: (a) walking; (b) getting in and out of bed; (c) bathing; (d) dressing; (e) feeding; (f) using the toilet; (g) preparing special diets; or (h) supervision of medication which is usually self-administered and does not require the continuous attention of medical personnel.
2. An Illness or Injury arising out of or in the course of doing any job or work for wage or profit, or Illness covered by any Workers' Compensation Law or Act, occupational disease laws, or similar legislation, including [Employee's] compensation or liability laws of the United States. This exclusion applies to all services and supplies provided to treat such Illness or Injury even though: (a) coverage under the government legislation provides benefits for only a portion of the services incurred; (b) the employer has failed to obtain such coverage required by law; (c) the Covered Person waives the Covered Person's rights to such coverage or benefits; (d) the Covered Person fails to file a claim within the filing period allowed by law for such benefits; (e) the Covered Person fails to comply with any other provision of the law to obtain coverage or benefits; and (f) the Covered Person was permitted to elect not to be covered by the Worker's Compensation Act but failed to properly make such election effective.

This exclusion will not apply if the Covered Person is permitted by statute not be covered and the Covered Person elects not to be covered by the Workers' Compensation Act, occupational disease laws, or liability laws.

This exclusion will not apply if the Covered Person's employer was not required and did not elect to be covered under any Workers' Compensation, occupational disease laws or employer's liability acts of any state, country, or the United States.

1. Services, supplies, drugs and devices which the Covered Person is entitled to receive or does receive TRICARE, the Veteran's Administration (VA), and Indian Health Services but not Medicaid. This exclusion is not intended to exclude Covered Medical Expenses from coverage if the Covered Person is a resident of a Montana State institution when benefits are provided.

Note: Under some circumstances, the law allows certain governmental agencies to recover for services rendered to the Covered Person. When such a circumstance occurs, the Covered Person will receive an explanation of benefits.

2. War, or act of war, whether declared or not, rebellion, armed invasion, or insurrection;
3. Service in the Armed Forces or any auxiliary units of the Armed Forces;
4. Any loss for which a contributing cause was commission by the Covered Person of a felony, or attempt to commit a felony. This exclusion does not apply if the loss is related to being a victim of domestic violence.
5. Suicide, attempted suicide or intentionally self-inflicted Injury;
6. Aviation, other than as a fare-paying passenger on a scheduled or charter flight operated by a scheduled airline
7. Dental care and treatment except for such care or treatment due to accidental Injury to sound natural teeth within 12 months of the accident and except for dental care or treatment necessary due to congenital disease or anomaly;
8. Vision services, including, but not limited to, (a) eye examinations for the prescription or fitting of eyeglasses or contact lenses; (b) purchase of eyeglasses and contact lenses; (c) Lasik surgery; or (d) radial keratotomy (refractive keratoplasty or other surgical procedures to correct myopia/astigmatism). This exclusion does not apply to the Pediatric Vision Care benefit provided under this Group Policy;
9. Hearing aids and examinations for the prescription or fitting of hearing aids;
10. Cosmetic Surgery, unless (a) it is Medically Necessary; or (b) it is reconstructive surgery. Such reconstructive surgery must be: (a) incidental to or following surgery resulting from trauma, infection or other diseases of the involved part; and (b) because of congenital disease or anomaly of a covered Dependent Child which has resulted in a functional defect;
11. Foot care, including but limited to: (a) routine foot care; (b) treatment or removal of corns and callosities; (c) hypertrophy, hyperplasia of the skin or subcutaneous tissues; (d) cutting or trimming toenails; (e) any Treatment of congenital flat foot; (f) injections and nonsurgical Treatment of acquired flat foot, fallen arches, or chronic foot strain; (g) any Treatment of flat foot purely for the purpose of altering the foot's contour where no medicine or functional impairment exists; (h) orthotic appliances; (i) impression casting for orthotic appliances; (j) padding and strapping; or (k) fabrication;
12. Foot orthotic appliance provided for the treatment of any medical condition;
13. The Covered Person being intoxicated or under the influence of any narcotic unless administered on the advice of Physician;
14. Treatment provided in a government hospital, except Montana residents who are confined in state medical institutions; benefits provided under Medicare or other governmental program (except Medicaid), any state or Federal workers' compensation, employers' liability or occupational disease law;
15. Benefits to the extent provided for any loss or portion of such loss for which mandatory automobile no-fault benefits are recovered or recoverable;

16. Services rendered and separately billed by [Employees] of hospitals, laboratories or other institutions;
17. Services performed by the Covered Person or a member of the Covered Person's Immediate Family;
18. Services for which there is no legal obligation for the Covered Person to pay or for which no charge would be made if insurance did not exist, unless such charge is regularly and customarily made in similar amount by the provider of such to other non-indigent patients, or unless, in either case, We are required by law to pay to the Government of the United States;
19. Nonsurgical Treatment for malocclusion of the jaw, including services for temporomandibular joint dysfunction, anterior or internal dislocation, derangements and myofascial pain syndrome, orthodontics (dentofacial orthopedics), or related appliances;
20. Unless otherwise included under this Group Policy as a Covered Benefit, dental care or treatment, except for such care or treatment due to accidental injury to sound natural teeth within 12 months of the accident and except for dental care or treatment necessary due to congenital disease or anomaly;
21. Unless otherwise included under this Group Policy as a Covered Benefit, Vision care, except for medical treatment of the eyes by an ophthalmologist. Coverage is not provided for lenses, frames or contact lenses or any vision supplies;
22. Chiropractic maintenance therapy.
23. Private duty nursing;
24. Services, supplies, drugs and devices related to in vitro fertilization;
25. Reversal of an elective sterilization;
26. Outpatient prescription drugs for which benefits are provided under the Prescription Drug Benefit in this Group Policy;
27. Transplants of a non-human organ or artificial organ transplant;
28. Any services, supplies, drugs and devices which are: (a) an investigational/Experimental Service or Clinical Trial; (b) not accepted medical practice; and (c) not a Covered Medical Expense. We may consult with Physicians or national medical specialty organizations for advice determining whether the service or supply is accepted-medical practices;
29. For travel by the Covered Person or a provider;
30. Orthodontics;
31. Services, supplies and devices relating to any of the following treatments or related procedures: (a) acupuncture; (b) homeotherapy; (c) rolfing; (d) holistic medicine; (e) marriage counseling; (f) religious counseling; (g) self-help programs; or (h) stress management;

32. Vitamins. NOTE: Certain vitamins may be covered for specific conditions in accordance with published Medical Policy;
33. Food supplements and/or medical foods, except when used for Inborn Errors of Metabolism or Enteral Nutrition services as defined in the Medical Policy;
34. Services, supplies, drugs and devices for weight reduction or weight control, whether rendered for weight control or any other condition. This Exclusion does not include intensive behavioral dietary counseling for adult patients when services are provided by a Physician, Physician Assistant or Advanced Nurse Practitioner;
35. Education services, unless otherwise specified as a Covered Benefit, or tutoring services;
36. Any services, supplies, drugs and devices primarily for personal comfort, hygiene, or convenience which are not primarily medical in nature;
37. Computerized items including, but not limited to, the following: (a) durable medical equipment,; (b) prosthetic limbs; and (c) communication devices. Payment for deluxe prosthetics and computerized limbs will be based on the Allowable Fee for a standard prosthesis;
38. Applied Behavior Analysis (ABA) services, except as specifically included in this Group Policy under the Autism Spectrum Disorders;
39. Services, supplies, drugs and devices which are not listed as a Covered Benefit as provided in this Group Policy; or
40. All services, supplies, drugs and devices provided to treat any Illness or Injury arising out of employment as an athlete by or on a team or sports club engaged in any contact sport that includes significant physical contact between the athletes involved, including, but not limited to, the following: (a) football; (b) hockey; (c) roller derby; (d) rugby; (e) lacrosse; (f) wrestling and boxing; and (g) where the Covered Person's employer is not required by law to obtain coverage for Illness or Injury under state or federal workers' compensation, occupational disease or similar laws.
41. Services, supplies, drugs and devices which are not listed as a Covered Benefit in this Group Policy; or
42. All services, supplies, drugs and devices provided to treat any Illness or Injury arising out of employment as an athlete by or on a team or sports club engaged in any contact sport that includes significant physical contact between the athletes involved, including, but not limited to, the following: (a) football; (b) hockey; (c) roller derby; (d) rugby; (e) lacrosse; (f) wrestling and boxing; and (g) where the Covered Person's employer is not required by law to obtain coverage for Illness or Injury under state or federal workers' compensation, occupational disease or similar laws.

SECTION 9 – CLAIM PROVISIONS

No claims have to be submitted when services are provided by an In-Network Provider. However, the Covered Person will need to submit a claim to the Altius Customer Service Department for reimbursement considerations when the Covered Person receives services from an Out-of-Network Provider.

HOW TO FILE A CLAIM

When a Covered Person receives services from of an In-Network Provider, no claim form is required to be submitted to Us. However, if the Covered Person uses the services of an Out-of-Network Provider, the Covered Person should file a claim with Us only if the Out-of-Network Provider does not file one for the Covered Person.

Covered Providers participating in the In-Network Organization will automatically file a claim directly to Us on behalf of the Covered Person for whom they provide services. Therefore, the Covered Person is not required to complete and submit a claim to Us.

If the Covered Person uses the services of an Out-of-Network Provider, the Covered Person must submit to Us a completed claim form, unless the Out-of-Network Provider completes and submits the claim to Us on behalf of the Covered Person.

NOTICE OF CLAIM

Written notice of claim must be given to Us within six (6) months after the occurrence or commencement of any loss covered by this Group Policy or as soon after that date as is reasonably possible. Notice given by or on behalf of the Covered Person or the beneficiary to Us at Our Claims Administration office address is shown on page 2, *Important Information*, or to any authorized insurance producer authorized by Us, with information sufficient to identify the Covered Person, will be considered notice to Us.

CLAIM FORMS

We, upon receipt of a notice of claim, will furnish to the claimant such forms as are usually furnished by Us for filing proofs of loss. If such forms are not furnished within fifteen (15) days after the giving of such notice, the claimant will be deemed to have complied with the requirements of this Group Policy as to proof of loss upon submitting, within the time fixed in this Group Policy for filing proofs of loss, written proof of covering the occurrence, the character, and the extent of the loss for which claim is made.

PROOF OF LOSS

Written proof of loss must be furnished to Us at Our Claims Administrator's address is shown on page 2, *Important Information*, within ninety (90) days after the date of such loss. Failure to furnish such proof within the time required will not invalidate nor reduce any claim if it was not reasonably possible to give proof within such time, provided such proof is furnished as soon as reasonably possible, and in no event, except in the absence of legal capacity, later than one (1) year from the time proof is otherwise required.

TIME PAYMENT OF CLAIMS

Benefits payable under this Group Policy for any covered loss will be paid immediately upon receipt of due written proof of such loss.

Timely Settlement of Claims

We will pay or deny a claim within thirty (30) days after receipt of a proof of loss unless We make a reasonable request for additional information or documents in order to evaluate the claim. If We make a reasonable request for additional information or documents, We will pay or deny the claim within sixty (60) days of receiving the proof of loss unless We have notified the Covered Person, the Covered Person's assignee, or the claimant of the reasons for failure to pay the claim in full or unless We have a reasonable belief that insurance fraud has been committed and We have reported the possible insurance fraud to the Commissioner of Insurance. We will have the right to conduct a thorough investigation of all the facts necessary to determine payment of a claim.

If We fail to comply with the above provision and We are liable for payment of the claim, We will pay an amount equal to the amount of the claim due plus 10% annual interest calculated from the date on which the claim payment was due. For purposes of calculating the amount of interest, a claim is considered due 30 days after Our receipt of the proof of loss or 60 days after receipt of the proof of loss if We made a reasonable request for information or documents. Interest payments must be made to the person who receives the claim payment. Interest is payable under this provision only if the amount of interest due on a claim exceeds \$5.

PAYMENT OF CLAIMS

Benefits payable under this Group Policy will be paid to Covered Person.

If any benefit payable under this Group Policy is payable to estate of the Covered Person or to a Covered Person or beneficiary who is a minor or otherwise not competent to give a valid release, We may pay such benefits, up to an amount not exceeding \$1,000, to any relative by blood or connection by marriage of the Covered Person or beneficiary who is deemed by Us to be equitably entitled to such benefit payment. Any payment made by Us in good faith pursuant to this provision will fully discharge Us to the extent of such payment.

PHYSICAL EXAMINATIONS AND AUTOPSY

We, at Our own expense, will have the right and opportunity to examine the person of the Covered Person when and as often as We may reasonably require during the pendency of a claim under this Group Policy and to make an autopsy in case of death where it is not forbidden by law.

RIGHT TO RECOVER

After We pay any claim under this Group Policy, We have the right to perform any review or audit for reconsidering the validity of the claim and requesting reimbursement for payment of an invalid claim or overpayment of a claim within six (6) months. The six-month period for Our review or audit will not begin until:

1. We have actual knowledge of:
 - a. An invalid claim;
 - b. Claim overpayment; or
 - c. Other incorrect payment if We have paid a claim incorrectly because of an error, misstatement, misrepresentation, omission, or concealment, other than insurance fraud, by the health care provider or other person; and
2. The date that the Commissioner of Insurance determines that insufficient evidence of fraud exists if We pay a claim in which We:
 - a. Suspect the health care provider or claimant of insurance fraud related to the claim; and
 - b. Has reported evidence of fraud related to the claim to the Commissioner in accordance with Montana law.

However, We may perform a review or audit to reconsider the validity of a claim and may request reimbursement for an invalid or overpaid claim within 12 months from the date upon which We received notice of a determination, adjustment, or agreement regarding the amount payable with respect to a claim by:

3. Medicare;
4. A workers' compensation insurer;
5. Another health insurance issuer or group health plan;
6. A liable or potentially liable third party; or
7. A health insurance issuer that is domiciled in a state other than Montana under an agreement among plans operating in different states when the agreement provides for payment by the Montana health insurance issuer as host plan to Montana providers for services provided to an individual under a plan issued outside of the state of Montana.

SUBROGATION

We will be entitled to subrogate against a judgment or recovery received by the Covered Person from a third party found liable for a wrongful act or omission that caused the Injury necessitating benefit payment under this Group Policy. Such subrogation will be to the extent necessary for reimbursement of benefits paid under this Group Policy to or on behalf of the Covered Person.

The Covered Person will be required to furnish any necessary information and complete documents needed by Us in order to enforce the right to subrogation. Further, the Covered Person cannot take any action that would prevent Us from pursuing this right of subrogation

Third-Party Liability Provision

If the Covered Person intends to institute an action for damages against a third party, the Covered Person must give Us reasonable notice of the Covered Person's intention to institute the action.

The Covered Person may request that We pay a proportionate share of the reasonable costs of the third-party action, including attorney fees. However, We may elect not to participate in the cost of the action. If We make an election to participate, We will waive 50% of any subrogation rights granted to Us in accordance with Montana state law.

Our right of subrogation may not be enforced until the Injured Covered Person has been fully compensated for the Covered Person's injuries.

SECTION 10 – COMPLAINTS, GRIEVANCES AND APPEALS

COMPLAINTS AND GRIEVANCES

We, the Montana Health Cooperative, have established a Complaint and Grievance process. We contract with Altius Health Plans, Inc., (Altius, Inc.), whose contact information appears on page 2, Important Information, to process claims, handle complaints, grievances and appeals on Our behalf through Altius Customer Service and the Altius Appeals and Grievances Department, respectively. A complaint involves a communication from the Covered Person expressing discontent or dissatisfaction with services. A grievance involves a complaint of unfair treatment or quality of care received from a provider's staff.

If the Covered Person has a complaint or grievance, the Covered Person may call Altius Customer Service at the telephone number which appears on page 2, *Important Information*. The Altius Customer Service representative will make every effort to resolve the issue within one (1) business day. If more time is needed, to resolve the matter, the Altius Customer Service representative will notify the Covered Person of the extended time needed to respond.

The Covered Person may also file a written complaint. The mailing address of Altius Customer Service appears on page 2, *Important Information*. Written complaints or grievances will be acknowledged within five (5) working days of receipt. The Covered Person will be notified of the response to or resolution of this matter within thirty (30) days of the Covered Person's written complaint or grievance.

CLAIMS PROCEDURES

A "Claim" is any request for a Policy benefit or benefits made for a Covered Person in accordance with this Group Policy's claims procedure. A communication regarding benefits that is not made in accordance with these procedures will not be treated as a Claim under these procedures.

The initial benefit claim determination notice will be included in the Covered Person's explanation of benefits (EOB) or in a letter from Us. Written notification will be provided whether or not the decision is adverse.

The Covered Person becomes a "Claimant" when the Covered Person makes a request for a benefit or benefits in accordance with this Group Policy's claims procedures.

An Authorized Representative may act on behalf of a Claimant with respect to a benefit claim or appeal under these claims procedures. Claimants should complete and submit an Appointment of Authorized Representative form in order to appoint an authorized representative. For post-

service claims, no person (including a treating health care professional) will be recognized as an authorized representative until the We receive an Appointment of Authorized Representative form signed by the Claimant. For other claims, We will recognize a health care professional with knowledge of the Claimant's medical condition as the Claimant's authorized representative unless the Claimant provides specific written direction otherwise.

An Appointment of Authorized Representative form may be obtained from, and completed forms must be submitted to the Altius Customer Service Department at the address listed on page 2, Important Information. An assignment for purposes of payment does not constitute appointment of an authorized representative under these claims procedures. Once an Authorized Representative is appointed, the We will direct all information, notification, etc., regarding the claim to the authorized representative. The Claimant will be copied on all notifications regarding decisions, unless the claimant provides specific written direction otherwise.

Any reference in these claims procedures to Claimant is intended to include the authorized representative of such Claimant appointed in compliance with the above procedures.

NOTIFICATION OF ADVERSE CLAIM DETERMINATION

1. Adverse benefit determination on a claim is “adverse” if it is: (a) a rescission or a denial, reduction, or termination of; or (b) a failure to provide or make payment (in whole or in part) for a Policy benefit.
2. Notification of adverse benefit determination, in writing, will be provided to the Claimant of the adverse benefit determination on a claim and will include the following, in a manner calculated to be understood by the Claimant:
 - a. A statement of the specific reason(s) for the decision. If the adverse benefit determination is a rescission, the notice will include the basis for the fraud and/or intentional misrepresentation of a material fact;
 - b. Reference(s) to the specific Policy provision(s) on which the decision is based;
 - c. If applicable, a description of any additional material or information necessary to perfect the claim and why such information is necessary;
 - d. A description of this Group Policy's procedures and time limits for appeal of the decision, and the right to obtain information about those procedures, contact information for a consumer appeal assistance program, and if applicable, a statement of the right to sue in federal court;
 - e. If applicable, a statement disclosing any internal rule, guidelines, protocol or similar criterion relied on in making the adverse decision (or a statement that such information will be provided free of charge upon request);

- f. If the decision involves scientific or clinical judgment, either: (a) an explanation of the scientific or clinical judgment applying the terms of the Policy to the Claimant's medical circumstances; or (b) a statement that such explanation will be provided at no charge upon request;
- g. In the case of an urgent care claim, an explanation of the expedited review methods available for such claims, and
- h. A statement that reasonable access to and copies of all documents and records and other information relevant to the adverse benefit determination will be provided, upon request and free of charge.

Notification of the adverse decision on an urgent care claim may be provided orally, but written notification shall be furnished not later than three days after the oral notice.

THE COVERED PERSON'S RIGHT TO APPEAL

A Covered Person has a right to appeal an adverse benefit determination, including a rescission, under these claims procedures.

1. **How to File An Appeal.** If a Claimant disagrees with an adverse benefit determination, the Claimant (or authorized representative) may appeal the decision within 180 days from receipt of the adverse benefit determination. With the exception of urgent care claims, the appeal must be made in writing, should list the reasons why the Claimant does not agree with the adverse benefit determination, and must be sent to the address given for the Altius Appeals and Grievances Department. If the Claimant (or authorized representative) is appealing an urgent care claim, the Claimant may appeal the claim verbally by calling the telephone number listed for urgent care appeals listed on the inside cover of this Group Policy.

The Claimant may ask for Request for Review forms which may be obtained by contacting the Altius Appeals and Grievances Department. A Request for Review form or a written appeal will be treated as received by the Altius Appeals and Grievances Department (a) on the date it is hand-delivered to the above address and room; or (b) on the date that it is deposited in the U.S. Mail for first-class delivery in a properly stamped envelope containing the above name and address. The postmark on any such envelope will be proof the date of mailing. Written appeals must be sent to the Altius Appeals and Grievances Department following address shown on page 2.

2. **Access to Documents.** The Claimant will, on request and free of charge, be given reasonable access to, and copies of, all documents, records or other information relevant to the Claimant's claim for benefits. If the advice of a medical or vocational expert was obtained in connection with the initial benefit determination, the names of each such expert will be provided on request by the Claimant, regardless of whether the advice was relied on by Us.

3. **Submission of Comments.** A Claimant has the right to submit documents, written comments, or other information in support of an appeal.
4. **Important Appeal Deadline.** The appeal of an adverse benefit determination must be filed within 180 days following the Claimant's receipt of the notification of adverse benefit determination, except that the appeal of a decision to reduce or terminate an initially approved course of treatment (see the definition of concurrent care decision) must be filed within 30 days of the Claimant's receipt of the notification of the decision to reduce or terminate. Failure to comply with this important deadline may cause a Claimant to forfeit any right to any further review of an adverse decision under these procedures or in a court of law.
5. **Urgent Care Appeals.** In light of the expedited timeframes for decision of urgent care claims, an urgent care appeal may be submitted to the Altius Appeals and Grievances Department by mail or telephone; refer to page 2, Important Information, for contact information. The claim should include at least the following information:
 - a. The identity of the Claimant;
 - b. A specific medical condition or symptom;
 - c. A specific treatment, service, or product for which approval or payment is requested; and
 - d. Any reasons why the appeal should be processed on a more expedited basis.
6. **Evidence Consideration.** The review of the claim on appeal will take into account all evidence, testimony, new and additional records, documents or other information the Claimant submitted relating to the claim, without regard to whether such information was submitted or considered in making the initial adverse benefit determination.

If the Altius Grievances and Appeals Department considers, relies on or generates new or additional evidence in connection with its review of the claim, it will provide the Claimant with the new or additional evidence free of charge as soon as possible and with sufficient time to respond before a final determination is required to be provided by the Altius Grievances and Appeals Department. If the Altius Grievances and Appeals Department relies on new or additional reasons in denying the Claimant's claim on review, the Altius Appeals and Grievances Department will provide the Claimant with the new or additional reasons as soon as possible and with sufficient time to respond before a final determination is required to be provided by the Altius Appeals and Grievances Department.

7. **Scope of Review.** The person who reviews and decides the Claimant's appeal will be a different individual than the person who decided the initial adverse benefit determination and will not be a subordinate of the person who made the initial adverse benefit determination. The review on appeal will not give deference to the initial adverse benefit determination and will be made anew. The Altius Appeals and Grievances

Department will not make any decision regarding hiring, compensation, termination, promotion or other similar matters with respect to the individual selected to conduct the review on appeal based upon how the individual will decide the appeal.

8. **Medical Professionals.** In the event that a claim is denied on the grounds of medical judgment, the Altius Appeals and Grievances Department will consult with a health professional with appropriate training and experience. The health care professional who is consulted on appeal will not be the same person who was consulted, if any, regarding the initial benefit determination or a subordinate of that person.

TIME PERIOD FOR NOTIFICATION OF FINAL INTERNAL ADVERSE BENEFIT DETERMINATIONS

1. **Urgent Care Claims.** Urgent Care Claims Appeals will be completed as soon as possible, taking into account the medical exigencies, but no later than seventy-two (72) hours after receipt by the Altius Appeals and Grievances Department of the written appeal or completed Request for Review form. The Altius Appeals and Grievances Department will notify the Claimant and/or the Covered Person's Authorized Representative verbally and provide a follow-up written notice no later than seventy-two (72) hours after receipt of the appeal request.

"Urgent Care Claim" is a claim for medical care to which applying the time periods for making pre-service claims decisions could seriously jeopardize the claimant's life, health or ability to regain maximum function or would subject the claimant to severe pain that cannot be adequately managed without the care that is the subject of the claim. If the treating Physician determines the claim is "urgent," the Plan must treat the claim as urgent.

2. **Pre – and Post-Service Claims.** The appeal of a pre-service claim shall be decided within a reasonable time appropriate to the medical circumstances no later than thirty (30) days after receipt by the Altius Appeals and Grievances Department of the written appeal or completed Request for Review form. The appeal of a post-service claim will be decided within a reasonable period but no later than sixty (60) days after receipt by the Altius Appeals and Grievance Department of the written appeal or completed Request for Review form.

"Pre-Service Claim" is a request for approval of a benefit in which the terms of the Plan condition the receipt of the benefit, in whole or in part, on approval of the benefit in advance of obtaining medical care. Examples of a Pre-Service Claim include but are not limited to a Pre-Certification of general items or health services or a request for Pre-Determination to determine coverage for a specific procedure.

"Post-Service Claim" is a claim that under this Plan is not a Pre-Service Claim (i.e., a claim that involves consideration of payment or reimbursement of costs for medical care that has already been provided).

3. **Concurrent Care Claims.** The appeal of a decision to reduce or terminate an initially approved course of treatment will be decided before the proposed reduction or termination takes place. The Altius Appeals and Grievances Department will decide the appeal of a denied request to extend any concurrent care decision in the appeal timeframe for pre-service, urgent care, or post-service claims described above, as appropriate to the request.

“Concurrent Care” is when the Claimant has more than one medical condition existing and more than one Physician actively treats the condition related to their expertise, each physician can demonstrate medical necessity, and the treatments are provided on the same date(s). For example, an orthopedic surgeon cares for the patient’s fracture while the hospitalist oversees diabetes and hypertension management.

4. **Rescission Claims.** The appeal of a decision to rescind coverage due to a fraud or intentional misrepresentation of a material fact will be decided no later than sixty (60) days from the date the Altius Appeals and Grievances Department received the Claimant’s appeal.

NOTIFICATION OF FINAL INTERNAL ADVERSE BENEFIT DETERMINATION

1. If the decision on appeal upholds, in whole or in part, the initial adverse benefit determination, the final internal adverse benefit determination notice will be provided, in writing, to the Claimant and will include the following, written in a manner calculated to be understood by the Claimant:
 - a. The specific reason(s) for the final internal adverse benefit determination, including a discussion of the decision. If the final internal adverse benefit determination upholds a rescission, the notice will include: (1) the basis for the fraud; or (2) intentional misrepresentation of a material fact;
 - b. A reference to the specific Policy provision(s) on which the decision is based, including identification of any standard relied upon in this Group Policy to deny the claim (such as a medical necessity standard), on which the final internal adverse benefit determination is based;
 - c. If applicable, a statement describing the Claimant’s right to request an external review and the time limits for requesting an external review;
 - d. If applicable, a statement disclosing any internal rule, guidelines, protocol or similar criterion relied on in making the final internal adverse benefit determination (or a statement that such information will be provided free of charge upon request);

- e. If applicable, an explanation of the scientific or clinical judgment for any final internal adverse benefit determination that is based on a medical necessity or an experimental treatment or similar exclusion or limitation as applied to the claimant's medical circumstances; or a statement that such explanation will be provided at no charge on request;
 - f. Contact information for a consumer appeal assistance program and a statement of the claimant's right to file a civil action under Section 502(a) of ERISA; and
 - g. A statement indicating entitlement to receive on request, and without charge, reasonable access to or copies of all documents, records, or other information relevant to the determination.
2. Notification of an adverse decision on appeal of an urgent care claim may be provided orally, but written notification shall be furnished not later than three days after the oral notice.

EXTERNAL REVIEW PROCEDURES

1. In most cases, and except as provided in this section, the Claimant must follow and exhaust the internal appeals process outlined above before the Claimant may submit a request for external review. In addition, external review is limited to only those adverse benefit determinations that involve:
 - a. Rescissions of coverage; and
 - b. Medical judgment, including those adverse benefit determinations that are based on requirements for medical necessity, appropriateness, health care setting, level of care, or effectiveness of a covered benefit or adverse benefit determinations that certain treatments are experimental or investigational.

STANDARD EXTERNAL REVIEW

1. A Claimant (or someone acting on the Claimant's behalf) may request external review of an adverse benefit determination within four (4) months after the date of receipt of a notice of an adverse benefit determination or a final internal adverse benefit determination. The request for external review must be made in writing to the Altius Appeals and Grievances Department at the address indicated on the inside cover of this Group Policy. Within five (5) business days following the date of receipt of the external review request, a preliminary review of the request will be performed to determine whether:
 - a. The Claimant is (or was) covered under this Group Policy at the time the health care item or service was requested or, in the case of retrospective review, the Claimant was covered under this Group Policy at the time the health care item or service was provided;

- b. The adverse benefit determination or final internal adverse benefit determination is not based on the fact that the Claimant was not eligible for coverage under this Group Policy;
 - c. The Claimant has exhausted this Group Policy’s internal appeal process (unless exhaustion is not otherwise required); and
 - d. The Claimant has provided all the information and forms required to process an external review.
- 2. The Claimant will be notified of the results of the preliminary review within one business day after completion of the preliminary review. If the request is incomplete, the notice must describe the information, materials, etc., needed to complete the request, and set forth the time limit for the Claimant to provide the additional information needed: (a) the longer of the initial four month period within which to request an external review; or (2) if later, forty-eight (48) hours (or such longer period specifically identified in the notice) after the receipt of the notice.
- 3. If the request is not eligible for external review, the Altius Appeals and Grievances Department will: (a) outline the reasons for ineligibility in the notice; and (b) provide the Claimant with contact information for the U.S. Employee Benefits Security Administration (toll free number is shown on page 2, *Important Information.*).
- 4. If the request is eligible for external review, the Altius Appeals and Grievances Department will assign the request to an Independent Review Organization (IRO) to conduct the external review.
- 5. To ensure independence of the external review and to minimize potential bias, the Altius Appeals and Grievances Department will contract with at least three IROs who are accredited by URAC or a similar nationally recognized accrediting organization and will rotate assignments among the three IROs (or incorporate other independent, unbiased methods for selection of IROs, such as random selection). In addition, the IRO shall not be eligible for any financial incentives based upon the likelihood that the IRO will support the denial of claims.

EXTERNAL REVIEW PROCESS

- 1. **Eligibility.** The IRO will provide the Claimant with written notice of the request’s eligibility and acceptance for external review. The Claimant may submit additional information in writing to the IRO within 10 business days of the IRO’s notification that it has been assigned the request for external review.
- 2. **Submission of Documents.** Within 5 business days after the date the IRO is assigned, the Altius Appeals and Grievances Department must submit the documents and any information considered in making the benefits denial to the IRO. Failure to timely provide such documents and information will not constitute cause for delaying the external review. Failure to timely provide the documents and information will allow the

IRO to terminate the external review and reverse the adverse benefit determination or final internal adverse benefit determination. If the IRO does so, it must notify the Claimant and the Altius Appeals and Grievances Department within one (1) business day of making the decision.

3. **Reconsideration.** On receiving any information submitted by the Claimant, the IRO must forward the information to the Altius Appeals and Grievances Department within one (1) business day. The Altius Appeals and Grievances Department may then reconsider its adverse benefit determination or final internal adverse benefit determination. If the Altius Appeals and Grievances Department decides to reverse its adverse benefit determination or final internal adverse benefit determination, it must provide written notice to the Claimant and the IRO within one (1) business day after making the decision. On receiving this notice, the IRO will end its external review.
4. **Standard of Review.** The IRO will review all the information and documents timely received. The IRO will review the claim de novo and is not bound by any decisions or conclusions reached under Our internal claims and appeals process. In addition to the documents and information timely received, and to the extent the information or documents are available, the IRO will consider the following in reaching a decision:
 - a. The Claimant's medical records;
 - b. The Claimant's treating provider's or providers' recommendations;
 - c. Reports from appropriate health care professionals and other documents, opinions, and recommendations submitted by Us, Altius Appeals and Grievances Department, and the Claimant;
 - d. The terms and conditions of this Group Policy, including specific coverage provisions, to ensure that the IRO's decision is not contrary to the terms and conditions of this Group Policy, unless the terms and conditions do not comply with applicable law;
 - e. Appropriate practice guidelines, which must include applicable evidence-based standards;
 - f. Any applicable clinical review criteria developed and used by Us unless the criteria: (1) are inconsistent with the terms and conditions of this Group Policy; and (2) do not comply with applicable law;
 - g. The applicable medical policies of this Group Policy;
 - h. The opinion of the IRO's clinical reviewer or reviewers after considering information described in this notice to the extent the information or documents are available and the clinical reviewer or reviewers consider them appropriate.
5. **Notice of Decision.** The IRO will send written notice of its decision to the Claimant and the Altius Appeals and Grievances Department within 45 days after the IRO receives the request for external review. The notice will include:

- a. A general description of the reason for the external review request, including: (1) information sufficient to identify the claim; and (2) the reason for the prior denial;
 - b. The date the IRO received the assignment to conduct the external review and the date of the IRO's decision;
 - c. References to the evidence or documentation considered in reaching the decision, including: (1) specific coverage provisions; and (2) evidence-based standards;
 - d. A discussion of the principal reason(s) for the IRO's decision, including: (1) the rationale for its decision; and (2) any evidence-based standards relied on in making the decision;
 - e. A statement that the IRO's determination is binding, unless other remedies are available to the Plan or the claimant under state or federal law;
 - f. A statement that judicial review may be available to the claimant and this Group Policy; and
 - g. Contact information for Montana's Consumer Assistance Program.
- 6. Compliance with IRO Decision:** If the IRO reverses the Altius Appeals and Grievances Department's adverse benefit determination or final internal adverse benefit determination, We will immediately provide coverage or issue payment according to the written terms and benefits of this Group Policy.

EXPEDITED EXTERNAL REVIEW

1. Expedited External Review may be requested when:
 - a. An adverse benefit determination involves: (1) a medical condition where the timeframe for completing an expedited internal appeal under the interim final regulations would seriously jeopardize the Claimant's life, health, or ability to regain maximum function; and (2) a request for an expedited internal appeal has been filed; or
 - b. A final internal adverse benefit determination involves:
 - 1) A medical condition where the timeframe for completing an expedited internal appeal under the interim final regulations would seriously jeopardize the Claimant's: (a) life; or (b) ability to regain maximum function; or
 - 2) An admission, availability of care, continued stay, or health care item or service for which the Claimant received emergency services, but has not been discharged from a facility;
2. The request for an expedited external review must be made in writing to the Altius Appeals and Grievances Department at the address indicated above. Immediately upon receipt of the request for an expedited external review, a determination will be made

as to whether the request meets the requirements earlier set forth above in Standard External Review. The Claimant will be notified of the determination, and an IRO will be assigned as described above in Standard External Review.

3. The Standard of Review, Notice of Decision and Compliance with IRO Decision will apply as set forth above in those sections applicable to Standard External Review, except that the IRO will provide written notice of the final external review decision to the Claimant as expeditiously as the Covered Person's medical condition or circumstances require, but in no event more than 72 hours after the IRO receives the request for an expedited external review. If the IRO's decision is not in writing, the IRO must provide written confirmation of the decision within 48 hours after the date it verbally conveyed the decision.

SECTION 11 – GENERAL PROVISIONS

ENTIRE CONTRACT; CHANGES

This Group Policy, including the application, endorsements and the attached papers, if any, constitutes the entire contract of insurance. No change in this Group Policy will be valid until approved by an executive officer of the Organization and unless such approval be endorsed hereon or attached hereto. No insurance producer has authority to change this Group Policy or to waive any of its provisions.

MISSTATEMENT OF AGE

If the age of the Covered Person has been misstated, all amounts payable under this Group Policy will be such as the premium paid would have purchased at the correct age.

REPRESENTATIONS

In the absence of fraud, all statements made by applicants or the Policyholder or by a Covered Person will be considered representations and not warranties. A statement made for the purpose of effecting insurance may not avoid the insurance or reduce benefits unless contained in a written instrument signed by the Policyholder or the Covered Person, a copy of which has been furnished to the Policyholder or to the Covered Person or the Covered Person's beneficiary.

CERTIFICATES (EVIDENCE OF COVERAGE)

We will furnish to the Policyholder for delivery to each Covered [Employee] a Certificate (Evidence of Coverage) form which is a statement in summary form of the essential features of the insurance coverage of the Covered [Employee] to whom benefits are payable. If Dependents are included in the coverage, only one Certificate will be issued for each family unit.

NEW ENTRANTS

This Group Policy may add from time to time eligible new [Employees] and Dependents, as the case may be, in accordance with the terms of this Group Policy.

CHANGE OF BENEFICIARY

Unless the Covered Person makes an irrevocable designation of beneficiary, the right to change a beneficiary is reserved to the Covered Person. The consent of the beneficiary or beneficiaries will not be requisite to surrender or assignment of this Group Policy, or to any change of beneficiary or beneficiaries, or to any other changes in this Group Policy.

ASSIGNMENT

This Group Policy cannot be assigned.

NONPARTICIPATING

This Group Policy does not share in any distribution of surplus. No dividends are payable.

CONFORMITY WITH MONTANA STATUTES

The provisions of this Group Policy conform to the minimum requirements of Montana law and control over any conflicting statutes of any state in which:

1. The Policyholder's place of business is located; or
2. The Covered [Employee] resides:

on or after the effective date of this Group Policy.

LARGE GROUP CONNECTED CARE COMPREHENSIVE HEALTH INSURANCE POLICY

GROUP COMPREHENSIVE HEALTH POLICYNON-
PARTICIPATING
GUARANTEED RENEWABLE

